

# Day & Night

**COPPERKNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Ria Vos (NL) - April 2010  
音乐: Everyday - Kendra Lou & The Miracles : (Single)



**Intro: 32 counts**

**Walk, Walk, Shuffle Fwd, Rock Fwd, Recover, Shuffle ½ Turn L**

1-2            Walk Fwd R, Walk Fwd L  
3&4           Shuffle Fwd Stepping R,L,R  
5-6           Rock L Fwd, Recover on R  
5&6           Shuffle ½ Turn Left Stepping L,R,L (6:00)

**Walk, Walk, Shuffle Fwd, Rock Fwd, Recover, ¼ Turn L Chasse**

1-2            Walk Fwd R, Walk Fwd L  
3&4           Shuffle Fwd Stepping R,L,R  
5-6           Rock L Fwd, Recover on R  
7&8           ¼ Turn Left Step L to Left Side, Step R Next to L, Step L to Left Side (3:00)

**Cross, Point, Kick & Point, Jazz Box Cross ¼ Turn R**

1-2            Cross R Over L, Point L to Left Side  
3&4           Kick L Fwd, Step L next to R, Point R to Right Side  
5-6           Cross R Over L, ¼ Turn R Step Back on L (6:00)  
7-8           Step R to Right Side, Cross L Over R

**Chasse R, Rock Back, Recover, ¼ Turn R Chasse L, Rock Back, Recover**

1&2           Step R to Right Side, Step L Next to R, Step R to Right Side  
3-4           Rock back on L, Recover on R  
5&6           ¼ Turn R Step L to Left Side, Step R Next to L, Step L to Left Side (9:00)  
7-8           Rock Back on R, Recover on L

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