

# Ice Cream Freeze

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Celia Stevens (NZ) - March 2010  
音乐: Ice Cream Freeze (Let's Chill) - Hannah Montana



Start dancing on lyrics

Sequence: 24-count intro, AB BBA BBA B to the end of music

## Part A

**Heel Split, Together, Right Heel Forward, Together, Heel Split, Together, Left Heel Forward, Shuffle Back, Coaster Back**

1&      Turn both heels out, close both heels together  
2&      Touch right heel forward, step right together  
3&      Turn both heels out, close both heels together  
4      Touch left heel forward  
5&6      Chassé back left, right, left  
7&8      Step right back, step left together, step right forward

**Shuffle Forward, Stomp, Heel Split-Together, Left Toe Heel Cross, Right Toe Heel Cross**

1&2      Chassé forward left, right, left  
3&4      Step right slightly forward in front of left, turn both heels out, turn both heels in  
5&6      Touch left toe in, touch left heel in, cross left over right  
7&8      Touch right toe in, touch right heel in, cross right over left

**Step-Pivot-Step, Kick-Ball-Cross, Kick-Ball-Cross, Step, Brush/Sweep**

1&2      Step left forward, pivot turn ½ right (facing 6:00), step left forward  
3&4      Kick right forward, step right together, cross left over right  
5&6      Kick right forward, step right together, cross left over right  
7-8      Step right to side, brush left together & sweep out to left

**Left Sailor, ¼ Sailor, Cross Samba, ¼ Sailor**

1&2      Left sailor step  
3&4      Cross right behind left, turn ¼ left and step left together (facing 3:00), step right forward  
5&6      Cross left over right, step right to side, step left to side  
7&8      Cross right behind left, turn ¼ left and step left together (facing 12:00), step right forward

**Cross Shuffle, Right Large Step-Drag, Heel-Toe-Heel, Heel-Toe-Heel**

1&2      Crossing chassé left, right, left  
3-4      Large step right to side, step left together  
5&6      Feet together twist both heels to left, both toes to left, both heels to left  
7&8      Feet together twist both heels to right, both toes to right, both heels to right (weight right)

**¼ Sailor, Forward Shuffle, ½ Turn Jazz Box**

1&2      Cross left behind right, turn ¼ left and step right together (facing 9:00), step left forward  
3&4      Chassé forward right, left, right  
5-8      Cross left over right, step right back, turn ½ left and step left forward (facing 3:00), step right together

## Part B

**Side Shuffle, Back Rock-Recover-Heel, Shimmey Step Touch Heel Diagonally Twice**

1&2      Chassé side left, right, left  
3&4      Step right back, recover to left, touch right heel forward at 45degrees (make a pose)  
5-6      Step right to side, touch left heel in place while shimmering shoulders

7-8 Step left to side, touch right heel in place while shimmering shoulders

**Shuffle  $\frac{1}{4}$  Back, Large Step Left, Touch, Large Step, Touch,  $\frac{1}{4}$ ,  $\frac{1}{4}$**

1&2 Step right to side, step left together, turn  $\frac{1}{4}$  left and step right back (facing 12:00)

3-4 Large step left to side, touch right together, (option with right hand swing down across in front of body & up, click fingers)

5-6 Large step right to side, touch left together, (option with right hand swing down across in front of body & up, click fingers)

7& Touch left forward, pivot turn  $\frac{1}{4}$  right weight right (facing 3:00)

8& Touch left forward, pivot turn  $\frac{1}{4}$  right weight right (facing 6:00)

**For counts 7&8& push your hands in the air as you turn like the song says,  
also note when you start Part A again touch right together ready for heel splits.**

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