

It's Tonight

COPPER KNOB
STEPPERS

拍数: 0 墙数: 4 级数: Phrased Intermediate
编舞者: Lee Yoke Pheng - April 2010
音乐: Jin Wan Ye (今晚夜) - Elisa Chan (陳潔靈)



Intro : 16 counts after heavy beat (0.23 secs.) Start on vocals.

Dance Sequence: AABA / Bridge / AABA / ABA

PART A (32 COUNTS)

STEP BACK R, TOUCH L, SHUFFLE FWD, PIVOT ½, SHUFFLE FWD

1-2 Step R back, touch L in front of R
3&4 Shuffle forward LRL
5-6 Step forward on R, pivot ½ turn L (6.00)
7-8 Shuffle forward RLR

CROSS ROCK , RECOVER, SIDE CHA-CHA, CROSS ROCK, RECOVER, CHA-CHA ¼ R

1-2 Cross rock L over R, recover on R
3&4 Side cha-cha LRL
5-6 Cross rock R over L, recover on L
7&8 Side cha-cha RLR, turning ¼ R (9.00)

TOUCH, ½ TURN FLICK BACK, SHUFFLE FORWARD X2

1-2 Touch L forward, flick back L foot, turning ½ R (3.00)
3&4 Shuffle forward LRL
5-6 Touch R forward, flick back R foot, turning ½ L (9.00)
7&8 Shuffle forward RLR

SLOW PIVOT ½ TURN, ¼ TURN TOE SWITCHES

1-2 Step L forward (pushing L hip forward), hold
3-4 Pivot ½ turn R, transfer wt. onto R (pushing R hip forward), hold (3.00)
5-6 Turn ¼ R (6.00), point L toe to side, hold
&7-8 Step L beside R (& count), point R toe to side (7), hold(8)

PART B (32counts)

BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS SHUFFLE

1-2 Cross R behind L, step L to side
3&4 Cross shuffle RLR
5-6 Rock L to side, recover on R.
7&8 Cross shuffle LRL

ROCK FWD, RECOVER, BACK SHUFFLE, BACK ROCK ,RECOVER, ½ TURN SHUFFLE

1-2 Rock forward on R , recover on L
3&4 Back shuffle RLR
5-6 Rock back on L, recover on R
7&8 ½ turn shuffle R, stepping back on L, close R beside L, step back on L (6.00)

BACK ROCK, RECOVER, SIDE CHA-CHA X2

1-2 Cross rock R behind L, recover on L
3&4 Side cha-cha RLR
5-6 Cross rock L behind R, recover on R
7&8 Side cha-cha LRL

ROCK FWD, RECOVER, COASTER, ROCK FWD, RECOVER, TRIPLE FULL TURN

- 1-2 Rock forward on R, recover on L
- 3&4 R coaster , stepping R back, close L beside R, step forward on R
- 5-6 Rock forward on L, recover on R
- 7&8 Triple full turn L (on the spot), stepping LRL

BRIDGE (32 counts) -12.00

CROSS MAMBO X2, CROSS & CROSS & CROSS & CROSS

- 1&2 Cross rock R over L, recover on L, step R beside L
- 3&4 Cross rock L over R, recover on R, step L beside R
- 5&6& Cross R over L, step L to side, repeat again
- 7&8 Cross R over L, step L to side, cross R over L

CROSS MAMBO X2, CROSS & CROSS & CROSS & CROSS

- 1&2 Cross rock L over R, recover on R, step L beside R
- 3&4 Cross rock R over L, recover on L, step R beside L
- 5&6& Cross L over R, step R to side, repeat again
- 7&8 Cross L over R, step R to side, cross L over R

DIAGONAL STEP LOCK STEP (R&L) X2

- 1&2 Facing R diagonal (1.30), step R forward, lock L behind R, step R forward
- 3&4 Facing L diagonal L (10.30), step L forward, lock R behind L. step L forward
- 5&6 Repeat steps 1&2
- 7&8 Repeat steps 3&4

MAMBO ½ TURN, ½ TURN SHUFFLE, STEP BACK, TOUCH, STEP BACK, TOUCH

- 1&2 Step R forward, recover on L, ½ turn R, step R forward (6.00)
- 3&4 ½ turn shuffle R , stepping back on L, close R beside L, step L back (12.00)
- 5-6 Step diagonal back on R, touch L beside R
- 7-8 Step diagonal back on L, touch R beside L

ENDING (12 COUNTS)

You will be at the back wall (6.00) after finishing the last A and there are 12 more counts before the music ends. Just do the first 8 count of Part A, you will face the front wall (12.00), then do the following 4 counts:-

- 1-3 Step L to side, hold
- &4& Hip bump RLR and pose!

HAPPY DANCING!!
