

We Fly By Night

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: High Improver / Intermediate
编舞者: Mal Jones (UK) - April 2010
音乐: We Fly By Night - Gary Allan : (CD: Get Off On The Pain)



Or - Any slow cha cha

16 count intro 92 b.p.m.

RIGHT SWEEP CROSS, SIDE, BACK, CROSS, ¼ TURN LEFT, ¼ TURN LEFT, CROSS ROCK RECOVER.

1 2 3 4 Sweep right foot from back over left place right over left, step left to left side, step right to right side, cross left over right.

5 6 7 8 Making ¼ turn left step back onto right, making ¼ turn left step left to left side, cross right over left and recover back onto left. [6 o'clock]

RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE.

1 2 3 & 4 Step right to right side, recover on left, cross right over left, step left to left side, cross right over left.

5 6 7 & 8 Step left to left side, recover on right, cross left over right, step right to right side, cross left over right.

¼ TURN LEFT, ¼ TURN LEFT, CROSS ROCK, COASTER STEP, SIDE, HOLD

1 2 3 4 Step back on right making ¼ turn left, step forward on left, making ¼ turn left, cross rock right over left and recover on left.

5 & 6 7 8 Step back onto right, back onto left, forward on right, step left foot to left side and hold for one count. [12 o'clock]

RIGHT BACK ROCK, SIDE CHASSE, CROSS, SIDE, BEHIND, SWEEP.

1 2 3 & 4 Step back onto right, recover on left, side step right, step left next to right, side step right,

5 6 7 8 Cross left over right, side step right, cross left behind right, sweep right foot around from front to back.

RIGHT BACK ROCK, SHUFFLE ½ TURN LEFT, BACK ROCK, ¼ SIDE CHASSE.

1 2 3 & 4 Step back onto right foot, rock recover onto left, step forward on right, making ¼ turn left bring left foot to right, step back on right making ¼ turn left.

5 6 7 & 8 Step back onto left, recover onto right, step forward on left making ¼ turn right, step right next to left, step left to left side. [9 o'clock]

RIGHT BACK ROCK, STEP FORWARD, POINT SIDE, STEP FORWARD, POINT SIDE, FORWARD ROCK RECOVER.

1 2 3 4 Step back on right, recover on left, step forward on right, point left toe to left side.

5 6 7 8 Step forward on left, point right toe to right side, step forward on right, recover onto left.

½ TURN RIGHT, ½ TURN RIGHT, COASTER CROSS, LEFT SIDE ROCK CROSS, HOLD.

(Easier option, Walk back on right, walk back on left, coaster cross, side rock, hold).

1 2 3 & 4 Step forward on right making ½ turn right, step back on left making ½ turn right, step back onto right, step back onto left, cross right over left.

5 6 7 8 Step left to left side, recover onto right, cross left foot over right, hold for one count. [9 o'clock]

RIGHT SIDE ROCK, CROSS HOLD, SWEEP, ¼ TURN LEFT, SIDE, POINT.

1 2 3 4 Step right to right side, recover onto left, cross right over left, hold for one count.

5 6 7 8

Sweep left foot from behind and cross over left, step back onto right making $\frac{1}{4}$ turn left, step left to left side, placing weight onto left angling body to left diagonal, point right toe to right side. [6 o'clock]
