

Colours of The Wind

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mary Chan (MY) - March 2010
音乐: Colours of the Wind (Rumba / 25 BPM) - Ross Mitchell, His Band and Singers



(1x8) Rumba Box

1-4 Step left to left, step right next to left, step left forward, hold
5-8 Step right to right, step left next to right, step right back, hold

(2x8) Side Together Side, Hold, Cross Recover, Big To Side & Drag

1-4 Step left to left, step right next to left, step left to left, hold
5-8 Cross right over left, recover on left, big step right to right, drag left next to right (weight on right)

(3x8) Weave & Sweep, Weave & Hitch

1-4 Cross left over right, step right to right, step left behind right, sweep right front to back
5-8 Cross right behind left, step left to left, cross right over left, left hitch up make a ¼ turn right

(4x8) Side Recover Cross, Hold, Side Step Sway Hip Hold

1-4 Step left to left, recover on right, cross left over right, hold
5-8 Step right to right & sway hip right, left, right, hold (weight on right)

mary.chan63@gmail.com