

Mini Mex!

拍数: 32 墙数: 4 级数: Beginner
编舞者: Niels Poulsen (DK) - March 2010
音乐: Mexico - Tobias Rene



Intro: 16 counts from first beat in music (app. 8 seconds into track). Start with weight on R foot

**Note: This is a floor-split to Robbie McGowan's intermediate smash hit Mexicali.
With this dance our beginners can get on the floor to the same music. Thanks Robbie.**

(1-8) L Rumba Box With Holds

1-2 Step L to L side (1), bring R next to L (2) [12:00]
3-4 Step fw on L (3), Hold (4) [12:00]
5-6 Step R to R side (5), bring L next to R (6) [12:00]
7-8 Step back on R (7), drag L next to R (8) [12:00]

(9-16) L Back Rock, ½ R With Sweep, R Back Rock, Step R Fw, Hold

1-2 Rock back on L (1), recover weight to R foot (2)
3-4 Turn ½ R stepping back on L (3), sweep R from front to back (4) [6:00]
5-6 Rock back on R (5), recover weight to L foot (6) [6:00]
7-8 Step fw on R (7), Hold (8)

*** RESTART here on 5th wall (facing 6:00)**

(17-24) L Step Lock Step, Hold, Step ¼ Cross, Hold

1-2 Step fw on L (1), lock R behind L (2) [6:00]
3-4 Step fw on L (3), Hold (4) [6:00]
5-6 Step fw on R (5), turn ¼ L stepping onto L foot (6) [3:00]
7-8 Cross R over L (7), Hold (8) [3:00]

(25-32) Vine L, Point R, Rolling Vine R, Touch L

1-2 Step L to L side (1), cross R behind L (2) [3:00]
3-4 Step L to L side (3), point R to R side (4) [3:00]
5-6 Turn ¼ R stepping fw on R (5), turn ½ R stepping back on L (6) [12:00]
7-8 Turn ¼ R stepping R to R side (7), touch L next to R (8)

OBS: If you don't want to do a rolling vine (counts 5-7) just do R vine. It works just as well [3:00]

Begin again!...

RESTART: After 16 counts DURING your 5th wall (facing 6:00). Restart with your L rumba box.

ENDING: To end facing 12:00 when the music ends. You have just done your L vine + R point on counts 25-28 (facing 6:00). Replace the R rolling vine with 3 runs turning ½ turn R: turn ¼ R stepping fw on R (5), turn ¼ R stepping fw on L (6), step fw on R (7). 12:00

niels@love-to-dance.dk / www.love-to-dance.dk