

# Smotherin' Me

**COPPER** KNOB  
STEPPED  
BY SHEILA AND ANDREW

拍数: 48                      墙数: 4                      级数: Intermediate  
编舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - March 2010  
音乐: Smotherin' Me - Imelda May : (CD: Love Tattoo)



16 count / 8s intro. Start on vocals  
Dance rotates in a clockwise direction

## **Kick. Kick. Together. Side. Together. Kick-Ball-Cross. Kick-Ball-Cross**

1-2&                      Kick left over right. Kick left to side, Step left beside right  
3 - 4                      Step right to side. Step left beside right  
5&6                      Right kick-ball-cross  
7&8                      Right kick-ball-cross

## **Quarter-Step back. Together. Heel Bounces. Forward. Together. Kick-Ball-Point**

1 - 2                      Quarter left (9:00) step back on right. Step left beside right  
3 - 4                      Bounce both heels. Bounce both heels (weight left)  
5 - 6                      Step forward on right. Step left beside right  
7&8                      Right kick-ball-point

## **Sailor-Step. Sailor-Quarter-Turn. Step. Touch. Kick-ball-step**

1&2                      Left sailor-step  
3&4                      Sailor quarter turn right (12:00)  
5 - 6                      Step forward on left. Touch right beside left  
7&8                      Right kick-ball-step

## **Rock. Recover. Turn. Turn. Coaster-Step. Step. Pivot-Quarter**

1 - 2                      Rock forward on right. Recover  
3 - 4                      Half right (6:00) step forward right. Half right (12:00) step back on left  
5&6                      Right coaster-step  
7 - 8                      Step forward on left. Pivot quarter (3:00) weight right

Restart here during wall 5

## **Cross. Point. Behind. Point. Touch. Turn. Step.Pivot-Half**

1 - 2                      Cross left over right. Point right to side  
3 - 4                      Step right behind left. Point left to side  
5 - 6                      Touch back left. Half left (9:00) change weight to left  
7 - 8                      Step forward on right. Pivot half (3:00) weight left

## **Box-Step. Forward. Together. Heel Bounces**

1 - 4                      Right box-step  
5 - 6                      Step forward right. Step left beside right  
7 - 8                      Bounce both heels. Bounce both heels (weight right)

Our thanks to Peter for recommending the track.

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