

# Rocket

COPPER KNOB  
BY STEPHEN BATES

拍数: 0                      墙数: 2                      级数: Phrased High Intermediate  
编舞者: Alan Birchall (UK) - March 2010  
音乐: Rocket - Goldfrapp : (CD: Head First or CD Single)



Steps/Count: Part A: 64 Part B: 64

Sequence:

A, 32 counts of A, 32 Counts of B, A, 32 counts of A, B, A modified, B modified, 32 Counts Of A -Then BIG Finish

Start: On Lyrics – 8 Sec - 16 Counts

## Part A

### FRONT, SIDE, BEHIND, ¼ TURN, STEP ½ PIVOT, STEP ¼ PIVOT

- 1-2                      Cross Left Over Right, Step Right To Right
- 3-4                      Cross Left Behind Right, Step Right To Right Making ¼ Turn Right 3 'o' Clock
- 5-6                      Step Forward On Left, ½ Pivot Right 9 'o' Clock
- 7-8                      Step Forward On Left, Make ¼ Turn Left Stepping Right To Right 6 'o' Clock

### ½ TURN, CROSS, ¼ TURN, ½ TURN, STEP ½ PIVOT, SHUFFLE

- 9-10                      Make ¼ Turn Left Stepping Left To Left, Cross Right Over Left 12 'o' Clock
- 11&12                      Make ¼ Turn Right Stepping Back On Left, Make ½ Turn Right Stepping Forward On Right 9 'o' Clock
- 13-14                      Step Forward On Left, ½ Pivot Right 3 'o' Clock
- 15&16                      Step Forward On Left, Step Right By Left, Step Forward On Left

### KICK, TOUCH X 2, SAILOR STEPS X 2

- 17&18                      Kick Right Foot Forward, Step Right By Left, Touch Left To Left (During Countdown Shout '5')
- 19&20                      Kick Left Foot Forward, Step Left By Right, Touch Right To Right (During Countdown Shout '4')
- 21&22                      Cross Right Behind Left, Step Left To Left, Step Right In Place (During Countdown Shout '3')
- 23&24                      Cross Left Behind Right, Step Right To Right, Step Left In Place (During Countdown Shout '2')

### CROSS ROCK, RECOVER, SIDE SHUFFLE ¼ TURN, CROSS ROCK, RECOVER, COASTER STEP

- 25-26                      Cross Rock Right Over Left, Recover On Left (During Countdown Shout '1')
- 27&28                      Step Right To Right, Left By Right, Right To Right Making ¼ Turn 6 'o' Clock
- 29-30                      Cross Rock Left Over Right, Recover On Right
- 31&32                      Step Back On Left, Step Right By Left, Step Forward On Left (Alternative: Triple Turn Left) 6 'o' Clock

**Note: Dance finishes here with a full triple turn left to the front wall - then a BIG step forward to right diagonal**

### CROSS, SIDE, CROSS SHUFFLE, ROCK, RECOVER, BEHIND, SIDE, CROSS

- 33-34                      Cross Right Over Left, Step Left To Left
- 35&36                      Cross Right Over Left, Step Left To Left, Cross Right Over Left
- 37-38                      Rock Left To Left, Recover On Right
- 39&40                      Cross Left Behind Right, Step Right To Right, Cross Left Over Right

### TOE SWITCH'S, BOUNCE TURN

- 41&42                      Touch Right To Right, Step Right By Left, Touch Left To Left
- &43&44                      Step Left By Right, Touch Forward With Right, Step Right By Left, Touch Left Toe Back
- 45-48                      Bounce Heels Four Times Whilst Making ½ Turn Left (Weight Ends On Left) 12 'o' Clock

## **SIDE SHUFFLE, ROCK BACK, RECOVER, ¼ SIDE SHUFFLE, ROCK BACK RECOVER**

- 49&50 Step Right To Right, Step Left By Right, Step Right To Right  
51-52 Rock Back On Left, Recover On Right  
53&54 Step Left To Left, Making ¼ Turn Right Step Right By Left, Step Left To Left 3 'o' Clock  
55-56 Rock Back On Right, Recover On Left

## **FORWARD SHUFFLE, STEP, ½ PIVOT, KICK BALL STEP, STEP ¼ PIVOT**

- 57&58 Step Forward On Right, Step Right By Left, Step Forward On Right  
59-60 Step Forward On Left, ½ Pivot Right 9 'o' Clock  
61&62 Kick Left Forward, Step Left By Right, Step Forward On Right  
63-64 Step Forward On Left, ¼ Pivot Left 12 'o' Clock

**NOTE: On the FIFTH sequence Shuffle Forward On Left, Right, Left ( 3 'o' Clock – 3mins)**

**Part B - Note: This Section Is ONLY Danced To The Chorus ('Oh Oh Oh I Got A Rocket'... etc.)**

**The Clock Faces are as they appear the first time this section is danced**

## **¾ PADDLE TURN(LEFT), HOLD, ROCK RECOVER, COASTER**

- 1& Making ¼ Turn Left, Touch Right To Right (Song Word: Oh) 3 'o' Clock  
2& Making ¼ Turn Left, Touch Right To Right (Song Word: Oh) 12 'o' Clock  
3& Making ¼ Turn Left, Touch Right To Right (Song Word: Oh) 9 'o' Clock  
4 Hold  
5-6 Rock Forward On Right, Recover On Left  
7&8 Step Back On Right, Left By Right, Forward On Right

## **¾ PADDLE TURN(RIGHT), HOLD, ROCK RECOVER, COASTER**

- 9& Making ¼ Turn Right, Touch Left To Left (Song Word: Oh) 12 'o' Clock  
10& Making ¼ Turn Right, Touch Left To Left (Song Word: Oh) 3 'o' Clock  
11& Making ¼ Turn Right, Touch Left To Left (Song Word: Oh) 6 'o' Clock  
12 Hold  
13-14 Rock Forward On Left, Recover On Right  
15&16 Step Back On Left, Right By Left, Forward On Left

## **¼ TURNING JAZZ BOX X 2**

- 17-18 Cross Right Over Left, Step Back On Left (Song Word: Oh)  
19-20 Making ¼ Turn Right Step Right To Right, Step Forward On Left (Song Word: Oh) 9 'o' Clock  
21-22 Cross Right Over Left, Step Back On Left (Song Word: Oh)  
23-24 Making ¼ Turn Right Step Right To Right, Step Forward On Left 12 'o' Clock

## **ROCK, RECOVER, SAILOR STEPS X 2, FORWARD SHUFFLE**

- 25-26 Rock Right To Right, Recover On Left  
27&28 Cross Right Behind, Step Left To Left, Step Right In Place  
29&30 Cross Left Behind Right, Step Right To Right, Step Left in Place  
31&32 Step Forward On Right, Left By Right, Step Forward On Right

**NOTE: On The FIRST sequence only: - Cross Right Behind Left, Unwind ½ Turn Right (6 'o' Clock)**

**This Section Is A Mirror Image Of The Above APART From The Last 2 Counts!!!!**

## **¾ PADDLE TURN(RIGHT), HOLD, ROCK RECOVER, COASTER**

- 33& Making ¼ Turn Right, Touch Left To Left (Song Word: Oh)  
34& Making ¼ Turn Right, Touch Left To Left (Song Word: Oh)  
35& Making ¼ Turn Right, Touch Left To Left (Song Word: Oh)  
36 Hold  
37-38 Rock Forward On Left, Recover On Right  
39&40 Step Back On Left, Step Right By Left, Forward On Left

## **¾ PADDLE TURN(LEFT), HOLD, ROCK RECOVER, COASTER**

41& Making ¼ Turn Left, Touch Right To Right (Song Word: Oh)  
42& Making ¼ Turn Left, Touch Right To Right (Song Word: Oh)  
43& Making ¼ Turn Left, Touch Right To Right (Song Word: Oh)  
44 Hold  
45-46 Rock Forward On Right, Recover On Left  
47&48 Step Back On Right, Left By Right, Forward On Right

**¼ TURNING JAZZ BOX X 2**

49-50 Cross Left Over Right, Step Back On Right (Song Word: Oh)  
51-52 Making ¼ Turn Left Step Left To Left, Step Forward On Right (Song Word: Oh)  
53-54 Cross Left Over Right, Step Back On Right (Song Word: Oh)  
55-56 Making ¼ Turn Left Step Left To Left, Step Forward On Right

**ROCK, RECOVER, SAILOR STEPS X 2, STEP ½ PIVOT**

57-58 Rock Left To Left, Recover On Right  
59&60 Cross Left Behind Right, Step Right To Right, Step Left in Place  
61&62 Cross Right Behind, Step Left To Left, Step Right In Place  
63- 64 Step Forward On Left, ½ Pivot Right

**NOTE: Last Wall Only Step Forward On Left, ¼ Pivot Right (6 'o' Clock)**

**START AGAIN**

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