

Blood On The Dance Floor

COPPER **KNOB**
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Dorothy Morgan (USA) & Silvia Welch - March 2010
音乐: Blood On the Dance Floor - Michael Jackson



JUMP OUT JUMP IN X2

1-2-3-4 Jump feet apart slightly forward. Jump feet back and together.
5-6-7-8 Jump feet apart slightly forward. Jump feet back and together.

RIGHT HIP BUMPS AND LEFT HIP BUMPS

1&2 Bring R foot forward. 2-Hip bumps to the R
3&4 Bring L foot forward. 2-Hip bumps to the L
5&6 Bring R foot forward. 2-Hip bumps to the R
7&8 Bring L foot forward. 2-Hip bumps the the L

TWO ¼ MONTEREY TURNS TO THE RIGHT

1-2-3-4 Touch R toe to the Right pivoting ¼ turn to the Right, bringing R next to L
5-6-7-8 Pivoting ¼ turn to the Right, touch L toe to L, step L next to R

HEEL SWITCHES STEP SLIDE

1 Hold 2- R heel forward and hold
& 3 Hold 4- Switch to L heel forward and hold
&5&6 Switch to R foot forward and switch to L heel forward
&7&8 Big step forward with R foot and slide L next to R

LEFT HIP BUMPS RIGHT HIP BUMPS AND HIP ROLLS

1&2 Bump hips 2 times to the L
3&4 Bump hips 2 times to the R
5-6-7-8 Roll hips clockwise and circle

KICK BALL CHANGES X2 R SAILOR SHUFFLE L SAILOR SHUFFLE

1&2 Kick R foot forward & step L ball of R next to L, raising L step L next to R
3&4 Turn ¼ turn L kick R foot forward & step ball of R next to L raising L, step L next to R
5&6 Step L foot behind R & step on ball of R next to R side, step L next to R
7&8 Step R foot behind L & step on ball of L next to R side, step R next to L
