

Completely

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Celia Stevens (NZ) & Wendy Monaghan (NZ) - March 2010
音乐: Completely - Brad Martin : (CD: Wings of a Honky Tonk)



Intro 8 Counts (This dance is done in two directions only).

(1 -8) R SAILOR, BEHIND-¼-FWD, FULL SPIN, MAMBO, 1½ TRIPLE TURN.

1&2 Step R behind left, Step L to left, Step R to right
3& Step L behind right, Turn ¼ right step R forward (facing 3:00)
4& Step L forward, Turn 360 degrees right hooking R foot at left shin (facing 3:00)

Easy option: for the full spin replace it with a R Hitch

5&6 Step R forward, Recover weight L, Step R back
7&8 (*)Turn ½ left step L forward, Turn ½ left step R back, Turn ½ left step L forward (facing 9:00)

(9 – 16) FWD-¼-PIVOT-CROSS, BACK, ½ TURN, FWD-PIVOT-STEP, SWEEP X3.

1&2 Step R forward, Turn ¼ left weights L, Step R over left (facing 6:00)
3& Turn ¼ right step L back, Turn ½ right step R forward (facing 3:00)
4&5 Step L forward, Turn ½ right weights R, Step L forward (facing 9:00)
6,7,8 Step/sweep R forward, Step/sweep L forward, Step/sweep R forward.

(17 – 24) COASTER, BACK-LOCK-BACK, REVERSE-PIVOT-BACK, REVERSE-PIVOT-SIDE.

1&2 Step L forward, Step R together, Step L back
3&4 Step R back, Step L over right, Step R back
5&6 Touch L back, Turn ½ left weights R, Step L back (facing 3:00)
7&8 Touch R back, Turn ½ right weights L, Turn ¼ right step R to right (facing 12:00)

(25 – 32) SWAY L, SWAY R, SAILOR, BEHIND-SIDE-CROSS, ½ TURN FWD.

1, 2 Bump L hip, Bump R hip
3&4 Step L behind right, Step R to right, Step L to left
5&6 Step R behind left, Step L to left, Step R over left
7&8 Turn ¼ right step L back, Turn ¼ right step R to right, Step L forward (facing 6:00)

(33 – 40) COASTER, BACK SWEEP X2, ¼ SAILOR, CROSS, UNWIND 1 ¼

1&2 Step R forward, Step L together, Step R back
3, 4 Step/sweep L back, Step/sweep R back
5&6 Turn ¼ left step L behind right, Step R to right, Step L to left
7, 8 Cross R over left, Turn 1 ¼ left weight R (facing 12:00)

Easy option: for counts 5&6, 7, 8 replace with a ½ L sailor, step R over L, touch L to left.

(41 – 48) BEHIND-SIDE-CROSS, 1 ¼ TRIPLE TURN, FWD-PIVOT-CROSS, STEP, DRAG, TOG.

1&2 Step/sweep L behind right, Step R to right, Step L over right
3&4 Turn ¼ right step R forward, Turn ½ right step L back, Turn ½ right step R forward (facing 3:00)

Easy option: for counts 3&4 Step R to right, Step L together, Turn ¼ right step R forward (facing 3:00)

5&6 Step L forward, Turn ¼ right weights R, Step L over right (facing 6:00)
7, 8 Step R large step to right, Drag step L together (weight ends on left).

RESTART: On WALL 5 dance the first 6 counts (*) then replace the 1 ½ triple full turn to a ¾ triple turn to restart facing the front wall.

FINISH: On WALL 7 dance the first 8 counts then turn ¼ left step R to right drag L together to finish facing front wall.

celia.stevens@gmail.com
