

# One Night & One Day

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Esmeralda van de Pol (NL) - March 2010  
音乐: Just One Day - Kim Sozzi



Intro : 16 tellen

## Step Fwd, ¼ Turn R, Cross Shuffle, Monterey ½ Turn R, Kick Ball Cross

1-2            Step LF forward, make a ¼ Turn Right, weight on RF  
3&4            Cross step left over right, Step right to the right side, Cross step left over right  
5-6            Touch right to the right side, ½ Turn right, close right next to left  
7&8            Kick LF forward, Step LF next to RF, Cross RF over LF (9)

## Side Step, Rock Step Fwd, ¼ Turn R, ¼ Turn R, Back Rock Step, Step Fwd

1-2            Step left to the left side, Rock forward on RF  
3-4            Recover weight on LF, ¼ Turn right, step RF forward  
5-6            ¼ Turn Right, step LF to the left side, Rock Back RF  
7-8            Recover weight on LF, step RF Forward (3)

## Side Step, ¼ Turn R, Cross Shuffle, ¼ Turn L, ¼ Turn L, Step Pivot ¼ Turn L & Cross,

1-2            Step Left to the Left side, make ¼ turn right, step right to the right side  
3&4            Cross Left over Right, Step right to the right side, Cross Left over Right  
5-6            Make ¼ turn Left, stepping back on right , Make ¼ turn Left, step left to the left side  
7&8            Step forward on right, Make ¼ turn Left , weight on LF, Cross Right over Left (9)

## Side Step, R. Sailor Step, Behind-Side- Cross, Side Rock Step ¼ Turn L,

1-2            Step LF to the left side, Cross right behind left,  
&3-4            Step Left to the left side, Step right to the right side, Cross LF behind RF  
5-6            Step right to the right side, Cross left over right  
7-8            Rock right to the right side, recover on left with ¼ turn left (6)

## Step Fwd, Full Turn R, Step Fwd, Rock Step Fwd, ½ Turn R, Step Fwd,

1-2            Step forward on right, make ½ Turn Right, step left back  
3-4            Make ¼ turn right, step right forward, Step Left Forward  
5-6            Rock forward on right, Recover on Left  
7-8            Make ½ turn right, step RF forward, Step forward on Left (12)\*\*\*Restart 3 wall  
(For the restart you need a & count for restart the dance, & Close RF next LF )

## Jazz Box ¼ Turn R, Chasse R, Shuffle Fwd

1-2            Cross right over left, Step Left back  
3-4            ¼ turn R, step right to the right side, Cross left over right  
5&6            Step right to the right side, close Left next to right, Step right to the right side  
7&8            Step forward on Left, close right next to left, Step forward on Left (3)

## Kick Ball Touch, ¼ Turn L, Touch, Kick Ball Touch, ¼ Turn L, Step

1&2            Kick RF forward, step RF next to left, Touch left next to right  
3-4            Make ¼ turn Left, step left to the left side, Touch right next to left  
5&6            Kick RF forward, Step right next to left, Touch left next to right  
7-8            Make ¼ turn Left, step left to the left side, Close right next to left (9)\*\*\* Restart 5 wall

## Rock Step Fwd, & Walk Walk, Pivot ½ Turn L, Shuffle Fwd

1-2            Rock forward on left, Recover on right  
&3-4            Close left next to right, Step forward on right, Step forward on left

5-6 Step forward on right, Make  $\frac{1}{4}$  turn left, weight on LF  
7&8 Step forward on right, Close left next to right, Step forward on right (3)

**Tag:**

**At the end of the first wall**

**Rock Step, Coaster Step, Rock Step, Coaster Step**

1-2 Rock forward on left, Recover on right  
3&4 Step back on left, Step right next to left, Step forward on Left  
5-6 Rock forward on right, Recover on Left  
7&8 Step back on right, Step left next to right, Step forward on right (3)

**Restart In the 3e wall after 40 counts, you dance & count for restart the dance, close RF next to LF**

**Restart In the 5e wall after 56 counts**

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