

# Hypnotized

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Shaz Walton (UK) - March 2010  
音乐: Hypnotized - Tania Christopher



Count in – 32 counts- on vocals – optional styling in Italics

**Side. Touch. Ball. Walk. Walk. Heel. Touch. Heel-touch-heel.**

1-2&      Step left to left. Touch right beside left. Step right beside left.  
3-4      Walk forward left. Walk forward right.  
5-6      Touch left heel forward. Touch left beside right.  
7&8      Touch left heel forward. Touch left beside right. Step left forward. (Counts 5-8.....pop your shoulders)

**Rock. Recover. Shuffle ½. Chasse left. Sailor ¼**

1-2      Rock forward on right. Recover on left.  
3&4      Shuffle ½ turn right.  
5&6      Chasse left.  
7&8      Cross step right behind left. Make ¼ right stepping left to side. Step right forward.

**Rock. Recover. Ball. Touch behind. ¼. Step. Switch. Step. Switch. Step. Heel. Step. Touch.**

1-2      Rock forward left. Recover on right.  
&3-4      Step left beside right. Touch right behind. Make ¼ right keeping weight on left.  
&5&6      Step right beside left. Touch left to left side. Step left beside right. Touch right to right side.  
&7      Step right beside left. Touch left heel forward.  
&8      Step left beside right. Touch right toes behind left.

**Ball. Step. Hold. Ball. Step. Touch. Walk back x2. Coaster step.**

&1-2      Step right beside left. Step left forward. Hold.  
&3-4      Step right beside left. Step left forward. Touch right beside left.  
5-6      Walk back right. Walk back left.  
7&8      Step back right. Step back left. Step forward right.

**Touch. ¼ turn. Rock. Recover. Kick. Ball. Touch. Kick. Ball. Point.**

1-2      Touch left to left side. Make ¼ right keeping weight back on left. (Body roll)  
3-4      Rock back on right. Recover on left.  
5&6      Kick right forward. Step right beside left. Touch left beside right.  
7&8      Kick left forward. Step left beside right. Touch right to right side.

**Sailor step. Sailor ¼. Sailor step. Sailor ½.**

1&2      Cross step right behind left. Step left to left side. Step right to right side.  
3&4      Cross step left behind right. ¼ left stepping right to right side. Step left to left side.  
5&6      Cross step right behind left. Step left to left side. Step right to right side.  
7&8      ¼ left stepping left behind right. ¼ left stepping right to side. Step left forward. (sailor ½)

**Rocks forward-back-forward. Shuffle ½. Coaster step. Shuffle ½**

1-2-3      With body angled to left diagonal, step forward right and rock, forward-back-forward.(weight ends right)  
4&5      Shuffle ½ turn right stepping left-right-left.  
6&7      Step back right. Step back left. Step forward right.  
8&1      Shuffle ½ turn right stepping left-right-left.

**Hitch. ½. Rock. Recover. Step back. Touch. ½ right.**

- 2-3 Hitch right. Make  $\frac{1}{2}$  turn right stepping right forward.
- 4-5 Rock forward on left. Recover on right.
- 6-7 Step back left. Touch right behind.
- 8 Make  $\frac{1}{2}$  turn right dropping weight onto right foot.

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