

# Sailing on The Seven Sea's

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Lauren Turner (UK) - March 2010  
音乐: Sailing On the Seven Seas - Orchestral Manoeuvres In the Dark



32 count intro from 1st heavy beat ( \*\*1 restart )

**Section 1: Rock fwd Right over Left. Right chassis . Left ¼ pivot. Left cross shuffle**

1-2            Rock forward Right over left.  
3&4            Chassis to right, stepping right, left, right (make ¼ turn right on 4) 3oclock 5-6 Step forward on left make ¼ pivot right. Weight on right 6oclock  
7&8            Cross shuffle Left, Right, left.

**Section 2: Step to Right making ¾ turnover left, Right shuffle,Rock fwd, Left coaster step.**

1-2            ¼ turn left stepping back on right. ½ turn left stepping forward on left 9oclock  
3&4            Shuffle forward- Right, left, right  
5-6            Rock forward on left-weight on right  
7&8            Step back on left, step back right next to left-step forward left.

**\*\*Wall 5- Section 2 on Counts 7&8 make - Coaster ¼ Left Re-start from beginning of dance**

**Section 3: Step fwd Right 1/4turn Left. Right kick ball cross. Sway hips. Right chassis**

1-2            Step forward on right make ¼ turn left. (Weight on left) 6 o clock  
3&4            Kick right, step on right, cross step left over right  
5-6            Small step to right Swaying hips right-left  
7&8            Chassis to right stepping right, left, right

**Section 4: Rock forward Left. Left Kick ball cross,Sway Hips. Left Chassis**

1-2            Rock forward left over right. Weight back on right  
3&4            Kick Left. Step on left, cross step right over left  
5-6            Small step left, swaying hips left-right  
7&8            Chassis to left stepping left, right, left

**Section 5: Rock forward Right,triple 1/2turn. Rock forward Left.triple 3/4 turn left.**

1-2            Rock forward right over left, weight back on left  
3&4            Triple ½ turn right stepping right, left, right  
5-6            Rock forward left over right, weight back on right  
7&8            Triple ¾ turn left stepping left, right left 3oclock

**Section 6: Cross Rt over Lft. Right Sailor step. Cross Left. over Rt. Left sailor step**

1-2            Cross Right over left, Step left to left side  
3&4            Step behind on right, step on left. Step right to right side  
5-6            Cross Left over right, step right to right side  
7&8            Step behind on left, step on right. Step left to left side

**Section 7: Rock fwd. Right shuffle back. Rock back on Left. Left shuffle forward.**

1-2            Rock forward on right. Left in place  
3&4            Right shuffle back-Right-left-right  
5-6            Rock back on left. Right in place  
7&8            Shuffle forward Left, right, left.

**Section 8: Step Fwd on Rt/ ¼ pivot . Rt shuffle fwd. Step Fwd Lef t. 1/2turn. Left shuffle Fwd.**

1-2            Step forward on right make ¼ turn left (weight on left)  
3&4            Shuffle forward right, left, right

5-6 Step forward on left, Make half turn right 6oclock  
7&8 Shuffle forward on left, right, left.

**Start again. Have fun!**

**laurendustyboots@hotmail.com - [www.dustybootsdance.co.uk](http://www.dustybootsdance.co.uk)**

---