

# Shiftwork

拍数: 32      墙数: 4      级数: Improver  
编舞者: Tina Argyle (UK) - March 2010  
音乐: Shiftwork - Kenny Chesney



Start on lyrics 32 counts from start of track (16 seconds)

**Right Step Lock. Step, Lock, Step Fwd. Rock Fwd, Recover. Coaster Step.**

1 - 2            Step fwd. Right. Lock Left behind Right.  
3&4            Step fwd. Right. Lock Left behind Right. Step Fwd. Right.  
5 - 6            Rock fwd. onto Left. Recover weight back onto Right.  
7&8            Step back Left. Step back Right. Step fwd. Left.

**½ Pivot turn. ½ Shuffle Turn. Step, Drag. Walk, Walk.**

9 - 10            Step fwd. Right. ½ pivot turn Left onto Left. (6 o'clock)  
11&12            ¼ turn left stepping Right to right side. Step Left at side of Right. ¼ turn left stepping back Right. (12 o'clock)  
13 - 14            Take long step back Left. Drag Right towards Left.  
15 - 16            Step back Right. Step back Left.

**Rock Back, Recover. Shuffle. ¼ Pivot Turn, Cross Shuffle.**

17 - 18            Rock back onto Right. Recover weight fwd. onto Left.  
19&20            Step fwd. Right. Close left at side of Right. Step fwd. Right.  
21 - 22            Step fwd. Left. ¼ pivot turn Right onto Right. (3 o'clock)  
23&24            Cross Left over Right. Step Right to right side. Cross Left over Right.

**Side, Together. Side, Together with Hip pushes. Rocking Chair (or ½ Pivot x2)**

25-26            Step Right to Right side. Step left at side of Right.  
27-28            Step Right to Right side .Step left at side of Right.

**On steps 25 - 28 push the hips left and right as you step to create an anti- clockwise circular motion!! "Hula! Hula!"**

29-30            Rock fwd. onto Right. Recover weight back onto Left.  
31-32            Rock back onto Right. Recover weight fwd. onto Left.

**NB: Counts 29 - 32 can also be danced as 2 x ½ pivot turns - turning Left.**

Thanks to Honky Tonk Cliff for pointing out this track! ENJOY!!

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