

# Kick It Up

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Keith Davies (AUS) & Leanne Davies - February 2010  
音乐: Kick It Up - The McClymonts : (CD: Wrapped Up Good)



Start dance on vocals.

## (1-8) KICK-BALL-STEP, KICK-BALL-STEP, TOE STRUT, TOE STRUT\*\*

1&2      Kick R forward, step R beside L, step L forward  
3&4      Kick R forward, step R beside L, step L forward  
5-8      Step R toe forward, lower R heel to floor, step L toe forward, lower L heel to floor\*\*

## (9-16) ½ MONTEREY, ¼ MONTEREY

1-4      Touch R toe to right side, turn ½ right on ball of L stepping R beside L, touch L toe to left side, step L beside R  
5-8      Touch R toe to right side, turn ¼ right on ball of L stepping R beside L, touch L toe to left side, step L beside R

## (17-24) VINE RIGHT, TWIST L, R\*, L, R

1-4      Step R to right side, step L behind R, step R to right side, step L beside R  
5-8      Twist heels left, right\*, left, right

## (25-32) VINE LEFT, ½ PIVOT, ½ PIVOT

1-4      Step L to left side, step R behind L, step L to left side, touch R beside L  
5-8      Step R forward, pivot ½ left taking wt on L, step R forward, pivot ½ left taking wt on L

## (33-40) PUSH HIPS RIGHT TWICE, LEFT TWICE, RIGHT, LEFT, RIGHT, LEFT

1-4      Step R forward diagonally and push hips to the right twice, push hips to the left twice  
5-8      Push hips right, left, right, left

## (41-48) FORWARD ROCK, BACK, KICK, COASTER, HOLD

1-4      Step/rock forward R, recover weight to L, step back R, kick L forward  
5-8      Step back L, step R together, step L forward, hold

## (49-56) KICK, STEP SIDE, KICK, STEP SIDE, SWIVET\*\*\*, SWIVET

1-4      Kick R across L, step R to right side, kick L across R, step L to left side  
5-8      Twist R toe right and L heel left, return to centre\*\*\*, twist L toe left and R heel right, return to centre

## (57-64) TOE STRUT BACK, TOE STRUT BACK, BACK ROCK, TOUCH TOG, HOLD

1-4      Step R toe back, lower R heel to floor, step L toe back, lower L heel to floor  
5-8      Step/rock R back, recover weight to L, touch R beside L, hold

### RESTARTS:

On wall 2 after count 22\* restart facing the back

On wall 4 after count 8\*\* restart facing 3.00

On wall 6 after count 22\* restart facing 9.00

On wall 8 after count 54\*\*\* restart facing 3.00

ENDING: On wall 10 dance to count 52 (the kicks) then twist R toe and L heel ¼ turn right.

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