

3 Rounds

拍数: 32 墙数: 4 级数: Beginner
编舞者: Francien Sittrop (NL) - 2010
音乐: Three Rounds - Chris Young : (CD: I Wish I Was Lying)



Intro : Start on vocals (16 counts)

(1-8) Diag. Shuffles R & L, Step fwd, Touch Fwd, Step Back, ½ Turn R step Fwd

1 & 2 Step R diag. Fwd, Step L behind R, Step R fwd
3 & 4 Step L Diag L fwd, Step R behind L, Step L fwd
5 - 6 Step R fwd, Touch L fwd
7 - 8 Step L back, Make ½ Turn R and step R fwd (6.00)

(9-16) Shuffle fwd, ¼ L with Rock and Cross , Side, Close, Chasse L

1 & 2 Shuffle fwd with L,R,L (6.00)
3 & 4 Rock R fwd, ¼ Turn L and Recover on L, Step R across L (3.00)
5 - 6 Step L to L side, Step R next to L (with Hips sways)
7 & 8 Step L to L side, Step R next to L, Step L to L side (**** tag wall 3 & 6)

(17-24) Cross Rock, Recover, ¼ Turn R and Shuffle fwd(option: Full Turn R) ,Rock Step, Recover, Coaster step

1 - 2 Rock R across L, Recover on L
3 & 4 ¼ R and shuffle fwd R,L,R(option: Triple full turn R) (06.00)
5 - 6 Rock L fwd, Recover on R
7 & 8 Step L back, Step R next to L, Step L fwd

(25-32) Step fwd, Touch Behind and Heel fwd and Touch , Rock , Recover, Back, ¼ Turn R step Side, Step fwd

1 - 2 Step R fwd, Touch L behind R
& 3 Step L down , Touch R Heel Fwd
& 4 Step R down, Touch L behind R
5 - 6 Rock L fwd, Recover on R
7 & 8 Step L back, ¼ Turn R step R to R side, Step L fwd (9.00)

Start Again

Tag:

During wall 3 after count 16 (facing 9.00 wall) do the tag and restart with wall 4
During wall 6 after count 16 (facing 6.00 Wall) do the tag and restart with wall 7

1 - 2 Hips sways R - L and start again and start again with count 1

Website : <http://www.franciensittrop.nl>