

# Bodies

拍数: 30      墙数: 4      级数: Intermediate  
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音乐: Bodies - Robbie Williams



Start after approximately 24 Counts from start of track at about 19 seconds

## Step forward, side rocks twice, cross rock side twice

1&2      Step forward on right foot, rock left foot to left side, recover weight onto right  
3&4      Step forward on left foot, rock right foot to right side, recover weight onto left  
5 6&      Cross rock right foot over left, recover weight back on left, step right foot to right side  
7 8&      Cross rock left foot over right, recover weight back on right, step left foot to left side

## Cross, side, behind, side, cross, rock, left diagonal run back

1 2      Cross right over left, Step left to left side  
3&4      Cross right behind left, step left to left side, cross right over left  
5 6      Rock left forward, recover onto right  
7&8      Step back on left, right, left, on left diagonal (\*\*\*) (\*\*\*\*)

## Side rock, side, behind, turn 1/4, step turn 1/2, side, behind, turn 1/4

1 2      Rock right to right side, recover to left (12.00)  
34&      Step down on right foot, cross left behind right, make a ¼ turn right stepping on right  
5 6      Step left forward, turn ½ right  
7&8      ¼ turn right by stepping left, cross right behind left, make a ¼ turn left stepping on left.

## Step, anchor step, 1/2 left sailor

1 2      Step forward on right, step forward on left  
3&4      Step right behind left and rock back, recover weight to left, rock back on right  
5&6      Make 1/2 turn left crossing left behind right, Step right to right side, step left to left side

## \*\*\*TAG 1

During 4th wall after 16 counts

### Sway hips

1 2      Sway Right to Right side, recover to left  
3 4      Sway Right to Right side, recover to left  
5 6      Sway Right to Right side, recover to left

Restart dance from the beginning.

## \*\*\*\*TAG 2

During 8th wall after 16 counts

### Sway hips

1 2      Sway Right to Right side, recover to left  
3 4      Sway Right to Right side, recover to left

Restart dance from the beginning.