

Eh 'Eh' Ready 4 The Sun

COPPERKNOB
BY STEPHENETS

拍数: 48 墙数: 2 级数: Improver
编舞者: Sebastiaan Holtland (NL) - March 2010
音乐: Ready 4 the Island - Tim Tim



Intro: 16 count (13 sec)

S1: 1-8 Kick & Step Back, Pushing Hips Back, Replace, 1/4 Turn L, Kick & Kick Fwd L-R, Cross, Back, 1/4 Turn R, Side, Lock step Fwd

1&2 Kick forward on Rf, step Rf back in place, step back on Lf and pushing hips back and rolling back on to R heel

&3&4 Replace on Rf, making a 1/4 turn left (9) and kick forward on Lf, step Lf back in place, and kick forward on Rf holding weight Lf

(Option for count 4: Kick forward on Rf and make a toe rise on Lf)

5&6 Cross Rf over Lf, step back on Lf, making 1/4 turn right (12) and step Rf to the right side weight onto Rf

7&8 Step forward on Lf, lock Rf behind Lf, and step forward onto Lf wall 5 ## 2nd Restart Point ##

S2: 9-16 Side Rock / Recover, 1/4 Turn L, Back, Lockstep Back, Side Rock / Recover, 1/4 Turn R, Back, Lock Step Back

1&2 Rock Rf out to the right side, recover on Lf, making a 1/4 turn left (9) and step back onto Rf weight onto Rf

3&4 Step back on Lf, lock Rf forward Lf, and step back on Lf weight onto Lf

5&6 Rock Rf to the right side, recover on Lf, make a 1/4 turn right (12) and step back on Rf weight onto Rf

7&8 Step back on Lf, lock Rf forward Lf, and step back on Lf weight onto Lf wall 2 ## 1st Restart Point ##

S3: 17-24 Kick & Heel, Down Up, Down, Cross Samba (Left), Cross, Unwind 1/4 L

1&2 Kick forward on Rf, and step Rf back in place, and bring left heel forward (toes up) and holding weight onto Lf

3&4 Dip body down, coming up, dip body down and keeping weight onto Rf (12)

5&6 Cross step Lf over Rf, step Rf to the right side and slightly backwards, step Lf to the left side and slightly backwards

7&8 Cross Rf over Lf, unwind 1/4 left on both feet (9) and take weight onto Lf

S4: 25-32 Kick Ball Side 1/4 Turn R, Sailor Kick, & Cross, Behind, 1/4 Turn R, Fwd, Fwd

1&2 Kick forward on Rf, step Rf back in place, make a 1/4 turn right (12) and step Lf to the left side weight onto Lf

3&4 Step Rf behind Lf, step Lf to the left side (slightly diagonal), and kick fwd on Rf

&5-6 Step Rf back in place, and cross Lf over Rf, and step Rf to the right side weight onto Rf

7&8 Step Lf behind Rf, make a 1/4 turn right (3) and stepping forward on Rf, and stepping forward on Lf weight onto Lf

S5: 33- 40 Step, Swivel R Heel, Hitch, Step, Swivel R Heel, Kick & Back, 1/4 Turn R, Side Mambo, Together

1&2 Step slightly forward on Rf, and swivel R heel forward, and return holding weight onto Lf (3:00)

&3&4 Hitch R knee up, step slightly forward on Rf, and swivel R heel forward, and return holding weight onto Lf

5&6 Kick forward on Rf, step Rf back in place on ball, and step back Lf weight onto Lf

7&8 Mambo Rf out to the right side, recover on Lf, and step Rf next to Lf and take weight onto Lf (3:00)

S6: 41-48 Syncopated Hip Bumps R-L-R, 1/4 Turn L Step Fwd, 1/2 Turn L, Back, Back, Run Fwd R-L, Heels

Fwd Fwd, Run Fwd R-L, & Heel

- 1&2 Bump R hip to Right, bump L hip to left, bump R hip to right weight onto Rf
- 3&4 Making a 1/4 turn left (12) and step forward on Lf, continue 1/2 turn left (6) and step back on Rf, and step back on Lf weight onto Lf
- 5&6& Stepping forward on Rf, Stepping forward on Lf, step forward on R heel, step forward on L heel
- (Option for count 5: Stepping forward down on Rf)**
- 7&8 Stepping forward on Rf, Stepping forward on Lf, bring right heel forward (toes up) and holding weight onto Lf

Restarts: Walls 2 & 5: - 1st Restart after count 16 (Facing 6 o'clock) - 2nd Restart after count 8 (Facing 6 o'clock)

Start Again And Have Fun On The Floor!

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