Broken Hearted Cha



拍数: 32 墙数: 4 级数: Improver

编舞者: Karl-Harry Winson (UK) - March 2010

音乐: What Becomes of the Brokenhearted - Jimmy Ruffin: (Album: Big Motown hit's

and hard to find classics - Volume 1)



32 Count Intro (Start on vocals) 97 BPM.

Section 1 - Forward rock. Back lock-step. Back rock. Shuffle ½ turn.

| 1 | -2 | Rock forward on the left. Recover weight back onto the right | hŧ |
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| - 1 | -/ | Rock forward on the left. Recover welght back onto the rigi | nt |

3&4 Step back on the left. Lock right foot in front of the left. Step back on the left.

5 – 6 Rock back on the right. Recover weight forward onto the left.

7&8 Shuffle ½ turn left stepping: Right, Left, Right.

Section 2 - Side rock, Cross shuffle, Side rock, Behind Side-cross,

1 – 2 Rock left foot out to the left side. Recover weight back onto the right.

3&4 Cross left foot over the right. Step right foot to the right side. Cross left foot over the right.

5 – 6 Rock right foot out to the right side. Recover weight back onto the left.

7&8 Cross right foot behind the left. Step left foot to the left side. Cross right foot in front of the

left.

Section 3 - Side rock crosses X2. Side rock. Behind- 1/4 turn.

Rock left foot out to the left side. Recover weight back onto the right. Cross left over the right.

Rock right foot out to the right side. Recover weight back onto the left. Cross right foot over the left.

5 – 6 Rock left foot out to the left side. Recover weight back onto the right.

7 – 8 Cross the left foot behind the right. Make a ¼ turn right stepping right forward.

Section 4 - Step ½ turn. Shuffle ½ turn. Back rock. Right lock-step.

1 – 2 Step forward on the left. Pivot ½ turn right.
3&4 Shuffle ½ turn right stepping: Left, Right, Left.

5 – 6 Rock back on the right. Recover weight forward onto the left.

7&8 Step forward on the right. Lock the left foot behind the right. Step forward on the right.