

Miss A Thing...

拍数: 32 墙数: 4 级数: Advanced NC
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音乐: I Don't Want to Miss a Thing - Aerosmith



Intro: 31 sec intro. Start on the first clear bar in music. This is on the world STAY when Stephen Tyler starts singing "I could STAY awake".

(1-8) Basic NC R, weave L With a ¼ turn L, step turn ¼ L, cross R over L, ¼ , ¼ , rock, recover.

1,2& Step right to right, close left to right, cross right in front of left
3&4 Step left to left, cross right behind left, step left ¼ to left
&5,6 Step right foot forward , turn ¼ left, cross right over left foot
7&8& Step left foot back making a ¼ turn right, ¼ turn right, step right foot back making a ¼ turn right, cross rock left over right, recover back on right foot.

(9-16) ¼ step L to L, walk R, walk L, spiral full turn, step R forward, L side rock cross, unwind ½ turn , touch behind, unwind ½ turn, step ½ turn, side, rock , cross.

1&2 Step left foot ¼ left, walk right, walk left(starting a spiral turn)
&3& Spiral turn, step right foot forward, side rock left foot
4&5 Recover, cross left over right, unwind ½ turn right (3 o'clock)
&6 Touch right foot behind left, unwind ½ turn right
&7 Step left foot forward, make a ½ turn over right shoulder
&8& Side rock left to left, recover right foot, cross left over right. (3 o'clock)

(17-24) Sweep R to R, cross walks x2 R,L, run R,L,R lunge, recover, back lock steps R,L step back L.

1,2,3 Sweep (point) right toe to right side , sweeping it cross walking over left, then sweep left cross walking over right.
4&5 Run right, left, right (last right lunges) (bend right leg while reaching out left arm)
&6& Recover back on left foot, step right foot back slightly diagonally, cross left over right.
7&8& Recover back on right, step back on left, cross right in front of left, step back on left.

(25-32) ¼ side rock R, point L to L, ¼ back L, triple full turn, step L forward, weave R, sweep full spiral turn, weave back L, sweep full spiral turn, weave, back rock.

1&a Side rock right foot ¼ to right side (6 o'clock), point left toe out, recover on left foot ¼ back (3 o'clock)
2&a3 Step right foot forward, half turn stepping left back, half turn stepping forward on right , step left forward.
4&a Step right to right, cross behind left, step right to right
5&a Full spiral turn on right foot, step left to left, cross behind right
6& Full spiral turn on left foot, step right to right
7,8& Cross left behind, back rock right foot, recover on left

Tag1: After wall 1 now facing (3 o'clock) make a ½ diamond, 1&2&3&4& - back rock right on 5, recover 6, sway R, L on 7-8

Restart on wall 5 after 27 counts. After full tripe turn. (12 o'clock)

Tag 2: (after wall 6) 4 sways. (3 o'clock)

ENJOY :)

