

Last Orders!

拍数: 64 墙数: 4 级数: Beginner
编舞者: Gaye Teather (UK) - February 2010
音乐: Swinging Doors - Cole's Country



Track available as a free download from www.coles-country.com

Dance rotates in CW direction
64 count intro. Start on vocals

Mambo forward. Hold. Mambo back. Hold

1 – 4 Rock forward on Right. Recover onto Left. Step back on Right. Hold
5 – 8 Rock back on Left. Recover onto Right. Step forward on Left. Hold

Rumba box

1 – 4 Step Right to Right side. Step Left beside Right. Step forward on Right. Hold
5 – 8 Step Left to Left side. Step Right beside Left. Step back on Left. Hold

Run back x 3. Hold. Coaster step. Hold

1 – 4 Run back Right. Left. Right. Hold (small steps)
5 – 8 Step back on Left. Step Right beside Left. Step forward on Left. Hold

Run quarter turn Right. Hold. Hip bumps x 4

1 – 4 Quarter turn Right with small running steps Right. Left. Right. Hold (or hitch Left)
5 – 8 Small step Left bumping hips Left. Bump Right. Bump Left. Bump Right (weight ends on Right)

(Facing 3 o'clock)

Mambo forward. Hold Mambo back. Hold

1 – 4 Rock forward on Left. Recover onto Right. Step back on Left. Hold
5 – 8 Rock back on Right. Recover onto Left. Step forward on Right. Hold

Rumba box

1 – 4 Step Left to Left side. Step Right beside Left. Step forward on Left. Hold
5 – 8 Step Right to Right side. Step Left beside Right. Step back on Right. Hold

Run back x 3. Hold. Coaster step. Hold

1 – 4 Run back Left. Right. Left. Hold (small steps)
5 – 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold

Left lockstep forward. Hold. Step Pivot half turn Left x 2

1 – 4 Step forward on Left. Lock Right behind Left. Step forward on Left. Hold
5 – 8 Step forward on Right. Pivot half turn Left. Step forward on Right. Pivot half turn Left

(Facing 3 o'clock)

Option: Step 5 – 8 Rock Right to Right side. Recover onto Left. Stomp Right beside Left twice (keeping weight on Left)

Start again