

Kick Start

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kim Ray (UK) - March 2010
音乐: Kickstart - JLS : (Album: JLS)



Intro: 8 counts

****From wall 4 onwards dance only first 32 counts only (i.e. sections 5 & 6 are omitted)**

S1: KICK BALL POINT X 2, COASTER STEP, PIVOT ½ TURN

1&2 Kick right forward, step down on right, point left to left side
3&4 Kick left forward, step down on left, point right to right side
5&6 Step back on right, step left next to right, step forward on right
7-8 Step forward on left, ½ pivot turn right (6o/c)

S2: TRIPLE ½ TURN, COASTER STEP, WALKS FORWARD, OUT OUT IN IN

1&2 Making a ½ turn right, triple step left, right, left
3&4 Step back on right, step left next to right, step forward on right
5-6 Walk forward on left, walk forward on right
&7&8 Step out side left, step out side right, step in on left, step in on right (12o/c)

S3: WALKS BACK, COASTER STEP, ¼ PIVOT TURN, CROSS BACK BACK

1-2 Walk back on left, walk back on right
3-4 Step back on left, step right next to left, step forward on left
5-6 Step forward on right, ¼ pivot turn left
7&8 Cross right over left, step back on left (sticking bum out), step right next to left (9o/c)

S4: CROSS BACK, BALL WALKS FORWARD, PIVOT ½ TURN, FULL TURN

1-2 Cross left over right, step back on right
&3-4 Step left next to right, walk forward right, walk forward left
5-6 Step forward on right, ½ pivot turn left
7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left (or 2 walks forward)
(3o/c)**

S5: DOROTHY STEPS FORWARD, ½ PIVOT TURN, FULL TURN

1-2& Step right forward and to right diagonal, lock step left behind right, step right in place
3-4& Step left forward and to left diagonal, lock step right behind left, step left in place
5-6 Step forward on right, ½ pivot turn left
7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left (or 2 walks forward)
(9o/c)

S6: DOROTHY STEPS FORWARD, ½ PIVOT TURN, FULL TURN

1-2& Step right forward and to right diagonal, lock step left behind right, step right in place
3-4& Step left forward and to left diagonal, lock step right behind left, step left in place
5-6 Step forward on right, ½ pivot turn left
7-8 ½ turn left stepping back on right, ½ turn left stepping forward on left (or 2 walks forward)
(3o/c)

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