

# Break In2

拍数: 48                      墙数: 2                      级数: Intermediate  
编舞者: Wanda Heldt (AUS) - February 2010  
音乐: One - Faith Hill : (Album: Cry)



Restart on Wall 2 - dance to end of Section 5 – Restart dance from Section 1.  
Please note: Music is 5:20 long. Dance up 3: 57 and fade out.  
Start on Main vocals.

## S1. SIDE ROCK, ¼ TURN LEFT, LEFT CROSS SHUFFLE, RIGHT SIDE MAMBO STEP, ¼ TURN LEFT SAILOR STEP

1&2                      Rock to Right side, Recover on Left with a ¼ turn Left, Step Right next to Left. [9]  
3&4                      Step Left across Right, Step on Right, Step Left across Right.  
5&6                      Rock to right side, Recover on to Left, Step Right next to Left.  
7&8                      ¼ sweep turn Left Sailor Step L.R.L. [6]

## S2. FORWARD SWEEP RIGHT, LEFT, BACK RIGHT LOCK STEP, BACK SWEEP LEFT, RIGHT, FORWARD LEFT LOCK STEP

1-2                      Sweep Right from Right side and step across Left, Sweep Left from Left side and step across Right.  
3&4                      Step back on Right, Step Left over Right, Step back on Right.  
5-6                      Sweep Left from left side and step behind Right, Sweep Right from Right side and step behind Left.  
7&8                      Step forward on Left, Step Right behind Left, Step forward on Left.

## S3. 1/4 TURN RIGHT SHUFFLE, 1/4 LEFT SHUFFLE, 1/4 TURN RIGHT SHUFFLE, 1/2 LEFT SHUFFLE [Keeps the turns sharp]

1&2                      1/4 turn Right Shuffle forward R.L.R [9]  
3&4                      1/4 turn Left Shuffle forward L.R.L. [6]  
5&6                      1/4 turn Right Shuffle forward R.L.R [9]  
7&8                      1/2 turn Left shuffle forward L.R.L. [3]

## S4. STEP, CROSS, SIDE ROCK, RECOVER, SLIDE, SIDE ROCK, RECOVER, CROSS, LEFT SIDE SHUFFLE

1-2                      Step Right to Right, Cross Left behind Right.  
3&4                      Rock to right side, Long step Left, Slide Right Toe next to Left.  
5&6                      Rock to Right Side, Recover on Left, Step Right over Left.  
7&8                      Step Left to Left side, Step Right next left, Step Left to Left side.

## S5. KICK, FRONT, SIDE WITH A 1/4 TURN RIGHT, BEHIND ,SIDE, CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1- 2                      Kick Right front, side with a 1/4 turn Right. [6]  
3&4                      Sweep and back on Right, Step Left to Left side, Step Right across Left.  
5-6                      Rock to Left side, Recover on Right.  
7&8                      Step Left behind Right, Step on Right, Step Left across Right.

Restart here: On Wall 2...

## S6 SHUFFLE A FULL TURN LEFT STEPPING R.L.R & L.R.L, SIDE ROCK, RECOVER, CROSS

1&2                      Right shuffle ½ turn Left stepping R.L.R.  
3&4                      Left shuffle ½ turn Left, stepping L.R.L.  
5&6                      Rock to Right side, Recover on Left, Step Right across Left.  
7&8                      Rock to Left side, Recover on Right, Step Left across Right.

**Restart..... Have Fun In Life & In Dance**

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