

Little Broken Heels

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Audrey Watson (SCO) - February 2010
音乐: Broken Heels - Alexandra Burke : (CD: Overcome)



Alternative music:

Baby's Gone Home by The McClymonts
Crazy Little Thing Called Love on Line Dance Fever 9
Cock O The North on Line Dance Fever 12

Start Dance: 48 Count Intro (after she sings I can do it even better in Broken Heels)

SECTION ONE

TOE HEEL STOMP HOLD X 2 (Optional Hand claps on hold steps)

1-2 Touch right toe next left foot, touch right heel next left foot
3-4 Step fwd on right, hold for a beat.
5-6 Touch left toe next to right foot, touch left heel next right foot.
7-8 Step fwd on left, hold for a beat.

SECTION TWO.(Optional Hand claps on hold steps)

OUT HOLD, OUT HOLD, IN HOLD, IN HOLD

1-2 Step right foot out to right side, hold for a beat.
3-4 Step left foot out to left side, hold for a beat. (shoulder width apart)
5-6 Step right foot next to left foot, hold for a beat.
7-8 Step left foot next right foot, hold for a beat.

SECTION THREE(Optional Hand claps on hold steps)

FWD ROCK BACK HOLD, BACK HOLD, BACK HOLD.

1-2 Rock fwd on right, recover back on left.
3-4 Step back on right, hold for a beat.
5-6 Step back on left, hold for a beat.
7-8 Step back on right, hold for a beat.

SECTION FOUR(Optional Hand claps on hold steps)

BACK ROCK STEP HOLD, ROCK 1/8TH X 2

1-2 Rock back on left, recover fwd on right.
3-4 Step fwd on left, hold for a beat.
5-6 Rock right to right side turning 1/8th left.
7-8 Rock right to right side turning 1/8th left.