

Alejandro

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Gaye Teather (UK) - February 2010
音乐: Alejandro - Lady Gaga : (CD: The Fame Monster)



Dance rotates in CW direction

32 count intro from first beat of music. Start on the word "both"

Hitch-side-cross. Side. Heel-ball-cross. Side. Cross shuffle. Side rock. Quarter turn Right

1&2 Hitch Right knee. Step Right to Right side (small step). Cross Left over Right
& Step Right to Right side (small step)
3&4 Touch Left heel forward on Left diagonal. Step Left beside Right. Cross Right over Left
&5&6 Step Left to Left side. Cross Right over Left. Step Left to Left side. Cross Right over Left
7 – 8 Rock Left to Left side. Recover onto Right making quarter turn Right (Facing 3 o'clock)

Left lock step. Right lock step. Step. Pivot half turn Right. Full turn Right (travelling forward)

1&2 Step forward on Left. Lock Right behind Left. Step forward on Left
3&4 Step forward on Right. Lock Left behind Right. Step forward on Right
During lock steps angle body to Right during Left lock and angle Left during Right lock step
5 – 6 Step forward on Left. Pivot half turn Right
7 – 8 Half turn Right stepping back on Left. Half turn Right stepping forward on Right (Facing 9 o'clock)

Left side rock & cross. Right side rock & cross. Quarter turn Right. Side. Cross shuffle

1&2 Rock Left to Left side. Recover onto Right. Cross Left over Right
3&4 Rock Right to Right side. Recover onto Left. Cross Right over Left
5 – 6 Quarter turn Right stepping back on Left. Step Right to Right side (Facing 12 o'clock)
7&8 Cross Left over Right. Step Right to Right side. Cross Left over Right

Side rock. Right sailor step. Left sailor step. Quarter turn Right. Back rock

1 – 2 Rock Right to Right side. Recover onto Left
3&4 Cross Right behind Left. Step Left to Left. Step Right to Right
5&6 Cross Left behind Right. Step Right to Right. Step Left to Left
7 – 8 Quarter turn Right rocking back on Right. Recover onto Left (Facing 3 o'clock)

****Re-start here during walls 3 and 7 facing 9 o'clock both times**

Step. Lock. Side. kick-ball-cross. Ball-cross x 3 making full turn Right. Point

1 – 2 Step forward on Right. Lock Left behind Right
& Step Right to Right side (small step)
3&4 Kick Left forward. Step Left beside Right. Cross Right over Left
&5 Quarter turn Right stepping back on Left. Cross Right over Left
&6 Quarter turn Right stepping back on Left. Cross Right over Left
&7 Half turn Right stepping back on Left. Cross Right over Left (Facing 3 o'clock)
8 Point Left to Left side

Forward rock. Coaster step. Step. Pivot half turn Left x 2

1 – 2 Rock forward on Left. Recover onto Right
3&4 Step back on Left. Step Right beside Left. Step forward on Left
5 – 6 Step forward on Right. Pivot half turn Left
7 – 8 Step forward on Right. Pivot half turn Left (Facing 3 o'clock)

Start again

