

# 2 AM

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Malene Jakobsen (DK) - February 2010  
音乐: 2 Am - The Saturdays : (Album: Wordshaker)



**Intro: 32 counts from when the beat kicks in, 17 sec. into track - dance begins with weight on L**

**(1-8) Touch, kick, ball cross, side, touch, kick, ball cross, side**

- 1-2                      (1) Touch R next to L, (2) kick R forward 12.00
- &3-4                    (&) Step R next to L, (3) cross L over R, (4) step R to R 12.00
- 5-6                      (5) Touch L next to R, (6) kick L forward 12.00
- &7-8                    (&) Step L next to R, (7) cross R over L, (8) step L to L 12.00

**(9-16) Behind, hold, ball cross, side, back rock, side, touch**

- 1-2                      (1) Cross R behind L, (2) hold 12.00
- &3-4                    (&) Step L to L, (3) cross R over L, (4) step L to L 12.00
- 5-6                      (5) Rock back on R, (6) recover onto L 12.00
- 7-8                      (7) step R to R, (8) touch L next to R 12.00

**(17-24) Point, step together, point, step together, toe switches, heel, hook**

- 1-2-3-4                (1) Point L toes forward, (2) step L next to R, (3) point R toes forward, (4) step R next to L 12.00
- 5&6&                    (5) Point L to L, (&) step L next to R, (6) point R to R, (&) step R next to L 12.00
- 7-8                      (7) Put L heel forward, (8) hook L across R

**(25-32) Shuffle, 1/2, shuffle, diagonal step, touch**

- 1&2                      (1) Step forward on L, (&) step R next to L, (2) step forward on L 12.00
- 3-4                      (3) Step forward on R, (4) turn ½ L 6.00
- 5&6                      (5) Step forward on R, (&) step L next to R, (6) step forward on R 6.00
- 7-8                      (7) Step forward on L on L diagonal, (8) touch R next to L

**(33-40) Stomp, hold, behind side, forward, stomp, hold, behind side, forward**

- 1-2                      (1) Stomp R to R, (2) hold 6.00
- &3-4                    (&) Cross L behind R, (3) step R to R, (4) step forward on L 6.00

**NOTE: The only restart is here on wall 3 – you'll be facing 6 o'clock**

- 5-6                      (5) Stomp R to R, (6) hold 6.00
- &7-8                    (&) Cross L behind R, (7) step R to R, (8) rock forward on L 6.00

**(41-48) Push back, drag, ball, walk x 3, side rock, cross, point**

- 1-2                      (1) Take a big step back on R using L to push you backwards , (2) drag L towards R 6.00
- &3-4-5                (&) Step slightly back on L, (3-4-5) walk forward R, L, R 6.00
- 6&7                      (6) Rock L to L, (&) recover onto R, (7) cross L over R 6.00
- 8                        (8) Point R to R 6.00

**(49-56) Cross, hold, ball cross, point, cross, hold, ball cross, point**

- 1-2                      (1) Cross R over L, (2) hold 6.00
- &3-4                    (&) Step forward on L on L diagonal, (3) cross R over L, (4) point L to L 6.00
- 5-6                      (5) Cross L over R, (6) hold 6.00
- &7-8                    (&) Step forward on R on R diagonal, (7) cross L over R, (8) point R to R 6.00

**(57-64) Sailor steps, walk back with hip moves**

- 1&2                      (1) Cross R behind L, (&) step L to L, (2) step R to R 6.00
- 3&4                      (3) Cross L behind R, (&) step R to R, (4) step L to L 6.00

5-6 (5) Walk back on R pushing L hip to L, (6) walk back on L pushing R hip to R 6.00  
7-8 Repeat step 5-6 6.00

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