

Handyman

拍数: 32 墙数: 4 级数: Beginner
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音乐: Handyman's Dream - Suzy Bogguss : (CD: Somewhere Between)



16 Count intro – Start on Vocals

Walk Forward Right – Left. Mambo 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward.

1–2 Walk forward on Right. Walk forward on Left.
3&4 Rock forward on Right. Rock back on Left. Make 1/2 turn Right stepping forward on Right.
5–6 Step forward on Left. Pivot 1/2 turn Right.
7&8 Left shuffle forward stepping Left. Right. Left (Facing 12 o'clock)

Charleston Touch Forward. Touch Out. Behind. Side. Cross. Side Step Left. Touch. Side Step Right. .Left Cross Shuffle

1–2 Sweep Right out and around from back to front - Touching across Left. Touch Right out to Right side.
3&4 Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
5&6 Step Left to Left side. Touch Right toe beside Left. Step Right to Right side and Slightly back.
7&8 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.

Optional: Look to Right side on Count 2 above.

1/4 Turn Left. Step Back. Right Coaster Step. Walk Around 4 x 1/4 Turns Left (Circle Full Turn Left).

1–2 Make 1/4 turn Left stepping back on Right. Step back on Left.
3&4 Step back on Right. Step Left beside Right. Step forward on Right. (Facing 9 o'clock)
5–6 Make 1/4 turn Left stepping forward on Left. Make 1/4 turn Left stepping forward on Right.
7–8 Make 1/4 turn Left stepping forward on Left. Make 1/4 turn Left stepping forward on Right.

Note: Counts 5 – 8 above ... Raise Hands in the Air – Swaying Hands from Left to Right on each Turn.

Lock Step Forward (Left & Right). Lunge - Recover with Knee Pops. Left Shuffle 1/2 Turn Left.

1&2 Step forward on Left. Lock step Right behind Left. Step forward on Left. (Facing 9 o'clock)
3&4 Step forward on Right. Lock step Left behind Right. Step forward on Right.
5–6 Lunge forward on Left - popping Right knee forward. Recover on Right - popping Left knee forward.
7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 3 o'clock)

Start Again