

# Thank You

拍数: 64                      墙数: 2                      级数: Advanced  
编舞者: Alan Birchall (UK) - February 2010  
音乐: Thank You - Seal : (CD: Hits)



**Start: On Main Vocals - 32 counts (28secs)**

## **LOCK STEPS, ROCK, RECOVER, 1½ TRIPLE TURN**

1&2                      Step Forward On Right, Lock Left Behind Right, Step Forward On Right  
3&4                      Step Forward On Left, Lock Right Behind Left, Step Forward On Left  
5-6                      Rock Forward On Right, Recover On Left  
7&8                      1½ Triple Turn Right, Stepping Right Left Right (6 'o' Clock)

## **¼ ROCK, RECOVER, CROSS SHUFFLE, KICK BALL TOUCH, LOWER BODY ROLL**

9-10                      Making ¼ Turn Right Rock Left To Left, Recover On Right (9 'o' Clock)  
11&12                      Cross Left Over Right, Step Right To Right, Cross Left Over Right  
13&14                      Kick Right To Right Diagonal, Step Right By Left, Touch Left Toe Back (Weight On Right)  
15-16                      Push Lower Body Forward Rising Heels Slightly, Sit Back On Left (Weight On Left)

## **RIGHT HEELJACK, RIGHT HEELJACK, STEP, CROSS, UNWIND FULL TURN, SWAY, RECOVER**

17&18                      Cross Right Over Left, Step Left To Left, Extend Right Heel  
19&20                      Cross Right Over Left, Step Left To Left, Extend Right Heel  
&21-22                      Step On To Right, Cross Left Over Right, Unwind Full Turn Right  
23-24                      Rock (Sway) Right To Right, Recover On Left

**Restart Here On 5th wall (Facing 9 'o' Clock)**

## **SAILOR STEP, BEHIND, UNWIND ¾, SYNCOPATED ¼ TURN ROCKS, BEHIND, SIDE, CROSS**

25&26                      Cross Right Behind Left, Step Left To Left, Step Right By Left  
27-28                      Cross Left Behind Right, Unwind ¾ Left (Weight Ends On Left) (12 'o' Clock)  
29&                      Rock Forward On Right, Recover On Left Making 1/8th Turn  
30&                      Rock Right To Right, Recover On Left Making 1/8th Turn  
31&32                      Cross Right Behind Left, Step Left To Left, Cross Right Over Left

**NOTE: Tag Here During Wall 2 (Facing 9 'o' Clock) & Wall 4 (Facing 3 'o' Clock)**

## **BIG STEP, DRAG, SKATE RIGHT, SKATE LEFT, CROSS ROCK, RECOVER, FULL TRIPLE TURN**

33-34                      Take Big Step To Left, Drag Right By Left  
35-36                      Skate Right, Skate Left (See Dance Ending To Finish On The Front Wall)  
37-38                      Cross Rock Right Over Left, Recover On Left  
39&40                      Full Triple Turn To Right Stepping Right, Left, Right (3 'o' Clock)

## **CROSS, STEP, STEP, WALK, WALK, TOUCHES WITH BUMPS**

41-42                      Cross Left Over Right, Step Back On Right  
&43-44                      Step Left By Right, Walk Forward On Right, Walk Forward On Left  
45&46&                      Touch Right Toe Forward Bumping Hips Right, Left, Right, Left (Weight Ends On Left)  
47&48                      Touch Right Toe Back Bumping Hips Right, Left Right (Weight Ends On Right)

## **BACK LOCK STEPS, ¾ PADDLE TURN, CROSS**

49&50                      Cross Left Over Right, Step Back On Right, Step Back On Left  
51&52                      Cross Right Over Left, Step Back On Left, Step Right By Left  
53&54&                      Making ¼ Turn Right Touch Left To Left, Making ¼ Turn Right Touch Left To Left (9 'o' Clock)  
55&56                      Making ¼ Turn Right Touch Left To Left, Cross Left Over Right (12 'o' Clock)

**POINT, HITCH, POINT, STEP, POINT, HITCH, POINT, STEP, CROSS, UNWIND**

- 57&58 Point Right To Right, Hitch Right, Point Right To Right  
& Step Right By Left,  
59&60 Point Left To Left, Hitch Left, Point Left To Left  
61-62 Cross Left Over Right, Step Back On Right  
&63-64 Step Left To Left, Cross Right Over Left, Unwind ½ Turn Left (Weight Ends On Left) (6 'o' Clock)

**START AGAIN**

**TAG: During Wall 2 (Facing 9 'o' Clock) & Wall 4 (Facing 3 'o' Clock)**

**TOUCH, HOLD, STEP, TOUCH, HOLD, STEP, TOUCH, STEP, TOUCH, STEP, BIG STEP, DRAG, TOUCH**

- 1-2 Touch Left Toe Forward, Hold  
&3-4 Step Left By Right, Touch Right Toe Forward, Hold  
&5&6 Step Right By Left, Touch Left To Left, Step Left By Right, Touch Right To Right  
&7-8 Step Right By Left, Take Big Step To Left, Drag Right By Left

**¼ TURNING TOE STRUT X 2, BEHIND ¼ STEP, STEP, ½ HITCH TURN**

- 9-10 Making ¼ Turn Right Touch Right Toe To Right, Step Down On Right  
11-12 Making ¼ Turn Right Touch Left Toe To Left, Step Down On Left  
13&14 Cross Right Behind Left, Making ¼ Turn Left Stepping Forward On Left, Step Forward On Right  
15-16 Step Forward On Left, Make ½ Turn Left Hitching Right Knee By Left

**DANCE ENDING DURING 7th WALL FACING 6 'o' CLOCK**

- 35-36 Cross Rock Right Over Left, Recover On Left (6 'o' Clock)  
37&38 1½ Triple Turn Right, Stepping Right Left Right (12 'o' Clock)
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