

# You Know

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Helen A. Walker (UK) - December 2009  
音乐: You Know Me - Robbie Williams : (Album: Reality Killed the Video Star)



## Alternatives:

Brazil, The Ritchie Family  
The more boys I meet, Carrie Underwood  
Pocket Full of Sunshine, Natasha Beddingfield  
Lipstick, powder and paint, Delbert McClinton

## S1: Side steps and touches

1-4      Right steps right, touch left to right. Left steps left, touch right to left  
5-8      Step out turning 1/4 right with right, touch left to right, step left to left, touch right to left.

## S2: Heel struts

1-4      Right heel forward and snap toe down, left heel forward snap toe down  
5-8      Repeat 1-4

## S3: Jazz boxes in place

1-4      Right cross over left, step left back, right step to right side left step forward.  
5-8      Repeat 1-4

## S4: Hips bumps and body roll or hip rotations

1-4      Two hip bumps right, two hip bumps left  
5-8      Rotate hips anti clockwise (or wiggle whatever bits you fancy)

End of dance begin again and have fun, Helen!  
dancer 29045@yahoo.com

---