

Dance of LOVE

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Improver Rumba - Line or Contra
编舞者: Jennifer Choo Sue Chin (MY) - January 2010
音乐: L-O-V-E - Olivia Ong : (CD: A Girl Meets Bossanova 2)



Note: When danced contra, start dance facing your partner standing about 4 feet apart.

(Specially dedicated to my better half !!)

Intro: 16 counts

Set 1: FORWARD, HOLD, BACK ROCK REPLACE, ½ TURN BACK DRAG, BACK ROCK REPLACE

1-4 Step LF diagonally R fwd (towards 1:30), Hold, Rock RF back, Replace on LF
5-8 Execute a ½ turn left by stepping back on RF, drag LF towards RF, Rock back LF, Replace on RF (6:00)

Contra notes: You swap places with your partner but should still face each other

Set 2: FORWARD, HOLD, BACK ROCK REPLACE, ½ TURN BACK DRAG, BACK ROCK REPLACE

1-4 Step LF diagonally R fwd (towards 7:30), Hold, Rock RF back, Replace on LF
5-8 Execute a ½ turn left by stepping back on RF, drag LF towards RF, Rock back LF, Replace on RF (12:00)

Options: Do figure 8 motions with hips for counts 1-4 for Sets 1 and 2.

Contra notes: You swap places with your partner but should still face each other

Set 3: CROSS HOLD, REPLACE, LEFT, CROSS HOLD, REPLACE, RIGHT

1-4 Cross Rock LF over RF, Hold, Replace on RF, Step LF to L
5-8 Cross rock RF over LF, Hold, Replace on LF, Step RF to R

Set 4: CROSS UNWIND SWEEP, BEHIND SIDE CROSS HOLD, SWAY LEFT-RIGHT

1-4 Cross LF over RF, Unwind full turn R and sweep RF from front to back, Step RF behind LF, Step LF to L
5-8 Cross RF over LF, Hold, Swap hip to L, Sway hip to R

Set 5: SWAY LEFT, HOLD, SWAY RIGHT-LEFT-RIGHT, HOLD, ROCK REPLACE

1-4 Sway hip to L, Hold, Sway hip to R, Sway hip to L
5-8 Sway hip to R, Hold, Rock LF fwd, Replace RF

Options: Do figure 8 sways from counts 7-1 & 3-5

Contra notes: The sways are done in between 2 dancers in front of you.

Set 6: QUARTER POINT, HOLD, ROLLING VINE, POINT, HIP ROLL

a1-2 ¼ turn left stepping LF to L, Point RF to R, Hold (9:00)
3-4 ¼ turn right stepping fwd on RF, ½ turn right stepping back on LF (6:00)
a5-6 ¼ turn right stepping RF to R, Point LF to L, Hold (9:00)
7-8 Keeping weight on RF roll hip counter-clockwise to face 7.30 and LF pointed forward

Contra notes: You are standing with your back facing your partner.

Set 7: BACK, RIGHT COASTER, HOLD, FULL TURN

1-4 Take a big step back on LF, drag RF towards LF, Step RF back, Step LF next to RF (7:30)
5-6 Step RF fwd, Hold (prep to turn R)
7-8 Execute slightly less than half turn stepping LF back, Execute another half turn stepping RF to R (6:00)

Take small steps for counts 7-8 – Contra notes: You should meet your partner face to face again after count 8

Set 8: CROSS CROSS BACK SIDE, CROSS CROSS BACK SIDE

- 1-2 Execute a 1/8 turn R by Cross LF over RF, Execute a 1/8 R by crossing RF over LF (9:00)
- 3-4 Execute a 1/8 turn R by Stepping back on LF, Execute a 1/8 turn R by stepping RF to R (12:00)
- 5-6 Execute a 1/8 turn R by Cross LF over RF, Execute a 1/8 R by crossing RF over LF (3:00)
- 7-8 Execute a 1/8 turn R by Stepping back on LF, Execute a 1/8 turn R by stepping RF to R (6:00)

Contra notes: You will be making a full turn around your partner in these 8 counts

Begin again and have fun!

Thx to Eric & Amy for bringing my attention to this lovely song.

<http://hotlinerz.wordpress.com>
