Good Love 2010

拍数: 32

级数: Intermediate

编舞者: Scott Schrank (USA) - January 2010

音乐: Good Love (feat. T.I.) - Mary J. Blige : (CD: Stronger With Each Tear)

Start: 32-Count Intro: Dance starts on "Go Mary"

(1-8) Heel Drag, Ball-Step, Step, Pivot 1/2, Pivot 1/2, Coaster Cross

- 1-2 Step back long and slow with right foot (2 counts)
- &3-4 Step ball of left foot next to right, Step right foot forward, Step left foot forward
- 5-6 Pivot 1/2 turn right on balls of both feet, Pivot 1/2 turn right on ball of right stepping back on left
- 7&8 Step right foot back, Step left foot next to right, Step right foot slightly over left (Weight the right foot) (12:00)

(9-16) Side-Slide, Ball-Cross, Side, Behind, Side-Rock-Cross, 1/4 Turn

- 1-2 Step left foot long and slow to left (2 counts) (12:00)
- &3-4 Step ball of right slightly behind left foot, Cross left foot over right, Step right foot right
- 5-6& Step left foot behind right, Rock right foot right, Replace weight to left foot
- 7-8 Cross right foot over left (Weight the right foot), Make 1/4 turn right on ball of right while placing left foot next to right (Weight the left foot) (3:00)

RESTART: The restart happens AFTER count 16 on the 10th rotation. You will be facing 6:00

(17-24) Side, Hold, Ball-Side, Pivot, Back, Back, Side-Rock-Cross

- 1-2 Step right foot right, hold
- &3-4 Step ball of left next to right, Step right foot right, Pivot 1/4 turn right on balls of feet (Weight the left) (6:00)
- 5-6 Step right foot back, Step left foot back (Step back with a little attitude)
- 7&8 Rock right foot right, Recover weight to left foot, Cross step right foot over left

(25-32) Side, Behind-1/4 Turn, Step, Step, Rock, Recover, Ball-Step, Kick

- 1-2 Step left foot left, Step ball of right foot behind left
- &3-4 Make 1/4 turn left on ball of right stepping forward left, Step right foot forward, Step left foot forward (3:00)
- 5-6& Rock forward on right, Recover weight to left foot, Step back on ball of right foot
- 7-8 Step left foot forward, Kick right foot forward

Start dance again, and enjoy

RESTART: The restart happens DURING the 10th rotation (3:00). You will be facing 6:00 after count 16 to restart the dance.

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墙数:4