

Shoop

拍数: 32 墙数: 4 级数: Improver
编舞者: Daniel Trepát (NL), Darren Bailey (UK), Pim van Grootel (NL), Raymond Sarlemijn (NL) & Roy Verdonk (NL) - December 2009
音乐: Shoop - Salt-N-Pepa



Scuff, Hitch, Step, Scuff, Hitch, Step, Cross, ¼ Turn Step Back, Weave

1 RF scuff heel forward
&
2 RF hitch knee up
3 RF step side right
4 LF scuff heel forward
&
5 LF hitch knee up
6 LF step side left
7 RF cross over LF
&
8 LF ¼ turn right step back (3.00)
9 RF step side right
&
10 LF cross over RF
11 RF step side right
&
12 LF cross behind RF
13 RF step side right
&
14 LF cross over RF

Step Slide, ¼ Turn Sailor Step, Heel Touches X4, &

15 RF big step side right
16 LF slide towards RF
17 LF ¼ turn left cross behind RF (12.00)
&
18 RF step side right
19 LF step slightly side left and forward
20 RF touch heel forward
&
21 RF step next to LF
22 LF touch heel forward
&
23 LF step next to RF
24 RF touch heel forward
&
25 RF step next to LF
26 LF touch heel forward
&
27 LF step next to RF

Cross & Heel & Cross ¼ Turn, ¼ Turn, Rock & ¼ Turn, Lock Step

28 RF cross over LF
&
29 LF step side left
30 RF touch heel forward to right diagonal
&
31 RF step down
32 LF cross over RF
&
33 RF ¼ turn left step back
34 LF ¼ turn left step side left (6.00)
35 RF cross rock over LF
&
36 LF recover
37 RF ¼ turn right step forward (9.00)
38 LF step forward
&
39 RF lock behind LF
40 LF step forward

Heel Kick, Heel Flick ½ Turn, Heel Kick, Coaster Step, Step, Lock, Step, Step, Lock, Step, Step

25 RF kick heel forward
& RF ½ turn left flick heel back
26 RF kick heel forward (3.00)
27 RF step back
& LF step next to RF
28 RF step forward
29 LF step diagonally forward left
& RF lock behind LF
30 LF step diagonally forward left
& RF step diagonally forward right
31 LF lock behind RF
& RF step diagonally forward right
32 LF step forward
