

Sissy's Song

拍数: 72 墙数: 2 级数: Improver
编舞者: Tine Norup (DK) - January 2010
音乐: Sissy's Song - Alan Jackson : (Album: Good Time)



32 count intro

S1: Diagonal Rock Right, Weave Left. Diagonal Rock Left, Weave Right

1 - 2 Rock right forward to right diagonal Rock back onto left
3 & 4 Cross right behind left. Step left to left side. Cross right over left
5 - 6 Rock left forward to left diagonal Rock back onto right
7 & 8 Cross left behind right. Step right to right side. Cross left over right

S2: Forward Rock, Lock Step Back, and Rock back shuffle forward

1 - 2 Rock forward on right, rock back on left
3 & 4 Step back on right lock left across right Step back on right
5 - 6 Rock back onto left step forward on right
7 & 8 Step left forward, step right together, step left forward

S3: Full Turn Left. Right Shuffle Forward Rock forward 1/2 Sailor Turn Left

1-2 Make 1/2 turn left stepping back on Right, Make 1/2 turn Left stepping forward on Left.
3&4 Step right forward, step left together, step right forward
5 - 6 Rock forward on left
7 & 8 Step left behind right, make 1/2 turn left step right to side, step left to left

S4: Shuffle forward Jazz Box Sways,

1 & 2 Step right forward, step left together, step right forward
3 - 4 Cross left foot over right; step back on right foot
5 - 6 Step out to left on left foot; and sways, sway hips right
7 - 8 Swaying hips left twice (weight on left)

S5: MODIFIED RUMBA BOX

1,2 Step right to right side, Step left next to right (12.00)
3&4 Step right to right side, Step left next to right, Step forward on right
5,6 Step left to left side, Step right next to left
7&8 Step left to left side, Step right next to left, Step back on left

S6: Shuffle back right and left back rock shuffle forward right

1&2 right back left next to right step back on right
3&4 left back right next to left step back on left
5-6 right back rock
7&8 right shuffle forward

S7: MODIFIED RUMBA BOX

1,2 Step left to left side, Step right next to left (12.00)
3&4 Step left to left side, Step right next to left, Step forward on left
5,6 Step right to right side, Step left next to right
7&8 Step right to right side, Step left next to right, Step back on right

S8: Shuffle back left and right back rock shuffle forward left

1&2 left back right next to left step back on left
3&4 right back left next to right step back on right

5-6 left back rock
7&8 left shuffle forward (weight on left)

S9: Rolling vine right & left Shuffle ½ Pivot

1-4 right rolling vine
5-8 left rolling vine
1&2 3-4 right shuffle forward, ½ pivot right
5&6 7-8 left shuffle forward, ½ pivot left

Ending: Rolling vine right to (12 O'clock)
