

Fen Xiang Ai

拍数: 0 墙数: 1 级数: Phrased Intermediate
编舞者: JnS Linedance (MY) - January 2010
音乐: Fen Xiang Ai - Aaron Kwok



Sequence of dance: A+4 counts sway, B,C,A(bounce to beat of music)D, tag1, C,A(with bounce), D-, tag2, D, tag3, B(ending)
(This dance is dedicated to Mdm. Lee Yoke Pheng.)

Part A (32 counts.)

HAND ACTIONS

- 1-4 Step left to left while throwing left hand out from center to left at waist level and palm facing up.
5-8 Shift weight to right while throwing right hand out from center to right at waist level and palm facing up
- 1-4 Shift weight to center, splash both hands out from center to respective sides
5-8 Repeat counts 1-4 of this section.
- 1-4 Raise left hand up diagonally to right side, down across body and bring it back to left thigh
5-8 Splash left hand out from side to center at chest level with palm facing downward to rest fist on right shoulder.
- 1-8 Perform the same hand action in section 3 with right hand.

Part B (32 counts.)

"SIDE-ROCK, CHA CHA IN PLACE" X 2

- 1-2 Rock left to left side, recover onto right
3&4 Triple steps on the spot LRL
5-6 Rock right to right side, recover onto left
7&8 Triple steps on the spot RLR

"CROSS-ROCK, SIDE CHACHA" X 2

- 1-2 Cross left over right, recover onto right
3&4 Cha cha to left side on LRL
5-6 Cross right over left, recover onto left
7&8 Cha cha to right side on RLR

BASIC CHA CHA

- 1-2 Rock left forward, recover onto right
3&4 Cha cha backward on LRL
5-6 Rock right back, recover onto left
7&8 Cha cha forward on RLR

"PIVOT-TURN, FORWARD CHA CHA" X 2

- 1-2 Step left forward, pivot ½ turn right
3&4 Cha cha forward on LRL
5-6 Step right forward, pivot ½ turn left
7&8 Cha cha forward on RLR

Part C (64 counts.)

CROSS ROCKS X 4

- 1&2 Cross left over right, recover onto right, cross left over right again

3&4 Cross right over left, recover onto left, cross right over left again
5&6 Repeat 1&2
7&8 Repeat 3&4

STEP-BALL-BUMPS X 4

1&2 Small step left to left, keep right ball touch beside left while bumping right & left
3&4 Small step right to right, keep left ball touch beside right while bumping left & right
5&6 Repeat 1&2
7&8 Repeat 3&4

CROSS ROCKS X 4

1&2 Cross left over right, recover onto right, cross left over right again
3&4 Cross right over left, recover onto left, cross right over left again
5&6 Repeat 1&2
7&8 Repeat 3&4

STEP-BALL-BUMPS X 4

1&2 Small step left to left, keep right ball touch beside left while bumping right & left
3&4 Small step right to right, keep left ball touch beside right while bumping left & right
5&6 Repeat 1&2
7&8 Repeat 3&4

"DIAGONALLY FORWARD KICK, BACK, TOUCH" X 2

1-2 Step forward left diagonally right (facing 1.30), kick right forward
3-4 Step right back, touch left behind right
5-8 Repeat counts 1-4

"DIAGONALLY FORWARD KICK, BACK, TOUCH" X 2

1-2 Step forward left diagonally right (facing 1.30), kick right forward
3-4 Step right back, touch left behind right
5-8 Repeat counts 1-4

ROCKING CHAIR X 2

1-2 Rock left forward, recover onto right
3-4 Rock left back, recover onto right
5-8 Repeat counts 1-4

JAZZ BOX-CROSS X 2

1-2 Cross left over right, step right back
3-4 Step left together, cross right over left
5-8 Repeat counts 1-4

Part D (32 counts.)

SIDE-CROSS X 4 WITH HAND ACTIONS

1-2 Step left to left side, cross right over left
3-4 Step left to left side, cross right over left
5-6 Step left to left side, cross right over left
7-8 Step left to left side, cross right over left

CROSS-SIDE X 4 WITH HAND ACTIONS

1-2 Cross left over right, step right to right side
3-4 Cross left over right, step right to right side
5-6 Cross left over right, step right to right side
7-8 Cross left over right, step right to right side

SIDE-CROSS X 4 WITH HAND ACTIONS

- 1-2 Step left to left side, cross right over left
- 3-4 Step left to left side, cross right over left
- 5-6 Step left to left side, cross right over left
- 7-8 Step left to left side, cross right over left

CROSS-SIDE X 4 WITH HAND ACTIONS

- 1-2 Cross left over right, step right to right side
- 3-4 Cross left over right, step right to right side
- 5-6 Cross left over right, step right to right side
- 7-8 Cross left over right, step right to right side

(Hand actions for above 32 counts : Swing both hands out/in above shoulder at chin level with palms facing downwards and finger tips pointing to cheek for counts 1-8. Lean body slightly right when travelling to left side, and slightly left when travelling to right side.)

TAG 1 (72 counts.)

FORWARD MAMBO, HOLD, BACK MAMBO, HOLD

- 1-4 Rock left forward, recover onto right, step left together, hold
- 5-8 Rock right back, recover onto left, step right together, hold

LEFT MAMBO, HOLD, RIGHT MAMBO, hold

- 1-4 Rock left to left side, recover onto right, step left together, hold
- 5-8 Rock right to right side, recover onto left, step right together, hold

FORWARD MAMBO, HOLD, BACK MAMBO, HOLD

- 1-4 Rock left forward, recover onto right, step left together, hold
- 5-8 Rock right back, recover onto left, step right together, hold

LEFT MAMBO, HOLD, RIGHT MAMBO, hold

- 1-4 Rock left to left side, recover onto right, step left together, hold
- 5-8 Rock right to right side, recover onto left, step right together, hold

SIDE-TOGETHER-SIDE-TOUCH, ¼ TURN LEFT SIDE-TOGETHER-SIDE-TOUCH (9.00)

- 1-4 Step left to left side, step right together, step left to left side, touch right together
- 5-8 Turning ¼ left step right to right side, step left together, step right to right side, touch left together

SIDE-TOGETHER-SIDE-TOUCH, ¼ TURN LEFT SIDE-TOGETHER-SIDE-TOUCH (6.00)

- 1-4 Step left to left side, step right together, step left to left side, touch right together
- 5-8 Turning ¼ left step right to right side, step left together, step right to right side, touch left together

SIDE-TOGETHER-SIDE-TOUCH, ¼ TURN LEFT SIDE-TOGETHER-SIDE-TOUCH (3.00)

- 1-4 Step left to left side, step right together, step left to left side, touch right together
- 5-8 Turning ¼ left step right to right side, step left together, step right to right side, touch left together

SIDE-TOGETHER-SIDE-TOUCH, ¼ TURN LEFT SIDE-TOGETHER-SIDE-TOUCH (12.00)

- 1-4 Step left to left side, step right together, step left to left side, touch right together
- 5-8 Turning ¼ left step right to right side, step left together, step right to right side, touch left together

“SIDE-TOGETHER-SIDE-TOUCH” X 2 (12.00)

- 1-4 Step left to left side, step right together, step left to left side, touch right together
- 5-8 Step right to right side, step left together, step right to right side, touch left together

TAG 2 (24 counts.)

HAND CLAPS

- 1&2& Clap hands twice in front of chest, clap hands on thighs twice bending knees
3&4& Clap hands twice in front of chest, clap right hand on left upper arm and left on right upper arm twice each
5&6&7&8& Repeat 1&2&3&4&

TAG 3 (8 counts.)

BODY SHAKING DOWN & UP WITH RIGHT INDEX FINGER POINTING UP AND SWING AT CHEST LEVEL

- 1-2 Shaking body down
3-4 Shaking body up
5-6 Shaking body down
7-8 Shaking body up

ENDING

During section 4 of Part B while doing counts 5-6, splash both hands up above head from center down to side with weight on right foot. Repeat the same hand actions and pose for the end of the dance.

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