

Can You Feel Me?

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Chris Cleevely (UK) - January 2010
音乐: Can You Feel Me (feat. Tami Chynn) - Michael Bolton



Start on vocals (32 count intro)

Right Diagonal hip bumps; Left Diagonal hip bumps; ¼ Turning Sailor Right; ¼ Turning Sailor Left

- 1 & 2 Stepping on right diagonal bump hips right/left/right
3 & 4 Stepping on left diagonal bump hips left/right/left
5 & 6 Making ¼ turn right. Cross right behind left, step left to left side, step right to right side (3.00 o'clock)
7 & 8 Cross left behind right, making ¼ turn left step right to right side, step left to left side (12.00 o'clock)

½ Turn Left; Right Shuffle Forwards; Cross, Step Back; ½ Turning Shuffle Left

- 9 - 10 Step forward on right and pivot ½ turn left (6.00 o'clock)
11 & 12 Right shuffle forwards, stepping right/left/right
13 - 14 Cross left over right, step back on right
15 - 16 Shuffle ½ turn left, stepping left/right/left (12.00 o'clock)

Step Right, Hold; & Step Right, ¼ Left Heel; & Rock, Recover; Right Coaster Step

- 17 - 18 Step right to right side, hold for one count
& 19 - 20 Change weight onto left and step right, make ¼ left presenting left heel forward (9.00 o'clock)
& 21 - 22 Change your weight onto left, rock forward on right, recover weight on left
23 & 24 Step back on right, step left beside right, step forward on right

Walk Forward Left, Right; Mambo ½ Turn Left; & Walk Forward Left, Right; Left Kick Ball Step

- 25 - 26 Walk forward left, walk forward right
27 & 28 Rock forward on left, recover weight on right and make ½ turn left (3.00 o'clock)
& 29 - 30 Change weight onto ball of right and walk forward left, walk forward right
31 & 32 Kick left foot forward, touch ball of left and step forward on right

¼ Turn Right; Crossing Shuffle; Hold & Cross; Right Kick Ball Cross

- 33 - 34 Step forward on left and make ¼ right (6.00 o'clock)
35 & 36 Cross shuffle left over right, stepping left/right/left
37 & 38 Hold for one count, change weight onto ball of right & cross left over right
39 & 40 Kick right on right diagonal, take weight on ball of right and cross left over right

Step Back, ¼ Turn Left; Forward Right Shuffle; Cross, Touch; Right Back Lock Step

- 41 - 42 Step back on right foot, make ¼ turn left stepping forward on left (3.00 o'clock)
43 & 44 Shuffle forwards stepping right/left/right
45 - 46 Cross left over right, touch right toe behind left
47 & 48 Step back on right, lock left over right, step back on right

Rock Back, Recover; Left Rock & Cross; Rock Back, Recover; Right Rock & Cross

- 49 - 50 Rock back on left, recover weight on right
51 & 52 Rock left to left side, recover weight on right & cross left over right
53 - 54 Rock back on right, recover weight on left
55 & 56 Rock right to right side, recover weight on left & cross right over left

Chasse ¼ Turn Left; Chasse ¼ Turn Right; Step ½ Turn Right, Stomp Left Forward, Hold

- 57 & 58 Step left to left side, step right beside left, step ¼ turn left (12.00 o'clock)

59 & 60 Step right to right side, step left beside right, step $\frac{1}{4}$ turn right (3.00 o'clock)
61 - 62 Step forward left, pivot $\frac{1}{2}$ turn right
63 - 64 Stomp left foot forward, hold for one count

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