

Beautiful Lady

COPPERKNOB
STEP SHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Theresa Needham (UK) - January 2010
音乐: Beautiful Lady - WARREN SMYTH : (CD: Teach Me to Dream)



32 count intro

ROCK AND CROSS HOLD X 2

1 – 4 Rock R to R side, recover onto L, cross R over L, hold
5 – 8 Rock L to L side, recover onto R, cross L over R, hold

¼ L SIDE CROSS HOLD SWAY L & R STEP SLIDE

1 – 4 Making ¼ turn L step back on R, step L to L side, cross R over L, hold 9-00
5 – 8 Sway hips L, R, step L to L side, slide R next to L

ROCK BACK RECOVER STEP FORWARD SCUFF L LOCKSTEP BRUSH

1 – 4 Rock back on R, recover onto L, step forward on R, brush L
5 – 8 Step forward on L, lock R behind L, step forward on L, brush R

STEP ¼ L CROSS HOLD ½ TURN R CROSS HOLD

1 – 4 Step forward on R, pivot ¼ turn L, cross R over L, hold 6-00
5 – 8 ¼ turn R stepping back on L, ¼ turn R stepping R to R side, cross L over R, hold # 12-00

RUMBA BOX WITH TOUCHES

1 – 4 Step R to R side, step L next to R, step forward on R, touch L next to R
5 – 8 Step L to L side, step R next to L, step back on L, touch R next to L

BACK ROCK RECOVER ½ TURN L SWEEP BEHIND SIDE CROSS HOLD

1 – 4 Rock back on R, recover onto L, ½ turn L stepping back on R, sweep L foot behind R 6-00
5 – 8 Step L behind R, step R to R side, cross L over R, hold

SIDE ROCK RECOVER CROSS HOLD SIDE BEHIND ¼ L HOLD

1 – 4 Rock R to R side, recover onto L, cross R over L, hold
5 – 8 Step L to L side, cross R behind L, ¼ turn L stepping forward on L, hold 3-00

FULL TURN L STEP HOLD ROCK RECOVER STEP BACK HOLD

1 – 4 ½ turn L stepping back on R, ½ turn L stepping forward on L, step forward on R, hold
5 – 8 Rock forward onto L, recover onto R, step back on L, hold

Restart on wall 5. Dance first four sections, then restart at beginning of dance

Song written by William Allen from Carrickfergus.

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