

Primrose Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Experienced Beginner
编舞者: Norman Kunishima - January 2010
音乐: Evening Primrose (夜來香) - Teresa Teng (鄧麗君)



(Dedicated to song artist Teresa Teng for all her beautiful songs)

ROCK FORWARD, CHA CHA BACK, ROCK BACK, CHA CHA FWRD

1,2,3&4 Rock L forward, back on R, cha cha back L,R,L
5,6,7&8 Rock R back, forward on L, cha cha forward R,L,R

CROSS STEP 2X, ROCK FORWARD, CHA CHA LEFT

1,2,3,4 Step L across R, step R to right side, and repeat

(For styling - as you step across fan both hands out to the side and as you step to the side return hands to original position)

5,6,7&8 L cross rock over R, cha cha left L,R,L

CROSS STEP 2X, ROCK FORWARD, CHA CHA RIGHT

1,2,3,4 Step R across L, Step L to left side and repeat

5,6,7&8 R cross rock over L, cha cha right R,L,R

STEP PIVOT, CHA CHA FRWD, ROCK FRWD, COASTER

1,2,3&4 Step L forward, pivot, cha cha forward, L,R,L

5,6,7,8 Rock R forward, L back, coaster back stepping R back, L back beside L, step R forward

End of Dance . . . sorry, but tags and restarts needed to phrase in with the music.

Tag:

&1,2,3,4 On &, step L next to R with both hands held inward palms facing outward, elbow bent with arms just about shoulder height and fan both hands out, in, out, in. For a challenge, see if you can also fan both toes out, in, out, in at the same time with your hands.

Tag Sequence:

do 1 rep w/tag, do 1 rep w/tag,
do 1 rep without tag and 16 counts w/tag and restart,
do 1 rep without tag, ***do 1 rep w/tag, ***do 1 rep with/tag
***do 1 rep without tag and 16-count w/tag and restart,
do last rep and end with both arms thrown out high. .
*** same sequence as start of dance

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