

Sugar Pie

COPPERKNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Mike Hitchen (UK) - January 2010
音乐: I Can't Help Myself (Sugar Pie, Honey Bunch) - Four Tops



24 Count Intro

Side Rock Cross Shuffle Turn Turn Cross Shuffle

1-2 Rock Right To Right Side Return Weight To Left
3&4 Cross Right Over Left Step Left To Left Cross Right Over Left
5-6 Turn ¼ Turn Right Stepping Back On Left Turn ¼ Turn Right Stepping Right To Side
7&8 Cross Left Over Right Step Right To Right Cross Left Over Right

Side Rock Behind Side Step Forward Rock Step Shuffle ½ Turn

1-2 Rock Right To Side Recover Weight To Left
3&4 Step Right Behind Left Step Left To Side Step Forward On Right
5-6 Rock Forward On Left Return Weight To Right
7&8 Left Shuffle Making ½ Turn Left Stepping Left Right Left

Cross Strut Turn Strut Rock Back Rock Forward

1-2 Cross right Over Left Touching Toe To Floor Step On Heel
3-4 Turn ¼ Turn Right Touching Left Toe Back Step On Heel
5-6 Rock Back On Right Return Weight To Left
7-8 Rock Forward On Right Return Weight To Left **R**

Shuffle ½ Turn Rock Step Coaster Step Touch Touch

1&2 Right Shuffle ½ Turn Right Stepping Right Left Right
3-4 Rock Forward On Left Return Weight To Right
5&6 Step Left Back Step Right Together Step Left Forward
7-8 Touch Right To Side Touch Right Next To Left

Happy Dancing

****1 Restart 7th Wall After 24 Counts **R****
