

Como La Flor

COPPER KNOB
BY STEPHEN T. S.

拍数: 32 墙数: 4 级数: Beginner
编舞者: Thomas C. Tam (CAN) - January 2010
音乐: Como la Flor - Selena : (Album: Dreaming of You)



Intro: 24 counts (17 sec)

FORWARD MAMBO, TRIPLE ½ TURN LEFT; RIGHT MAMBO, LEFT MAMBO TOUCH

1&2 Rock R forward, recover on L, step R next to L
3&4 Triple ½ turn left L, R, L (6:00)
5&6 Step R to right side, recover on L, step R next to L
7&8 Step L to left side, recover on R, touch L next to R

FORWARD MAMBO, TRIPLE ½ TURN RIGHT, LEFT MAMBO, RIGHT MAMBO TOUCH

1&2 Rock L forward, recover on R, step L next to R
3&4 Triple ½ turn right R, L, R (12:00)
5&6 Step L to left side, recover on R, step L next to R
7&8 Step R to right side, recover on L, touch R next to L

HEEL SWITCHES X4, 1/8 PADDLE TURN LEFT X4

1&2& Touch right heel forward facing right diagonal, step R next to L, touch left heel forward facing left diagonal, step L next to R
3&4& Touch right heel forward facing right diagonal, step R next to L, touch left heel forward facing left diagonal, step L next to R

****Restart here during Wall 6 facing 9:00**

5&6& Push R forward, turn 1/8 left on L, push R forward, turn 1/8 left on L
7&8& Push R forward, turn 1/8 left on L, push R forward, turn 1/8 left on L (6:00)

CROSS SIDE FLICK STEP X2; CROSS ¼ TURN RIGHT FLICK TOGETHER, BACK MAMBO

1&2& Cross R over L, step L to left side, low flick R towards right diagonal, step R in place
3&4& Cross L over R, step R to right side, low flick L towards left diagonal, step L in place
5&6& Cross R over L, turn ¼ right stepping L back, low flick R forward, step R next to L (9:00)
7&8 Step L back, recover on R, step L next to R

START AGAIN & ENJOY THE DANCE!
