Gotta' Dance



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Amy Christian (USA) - January 2010 音乐: All Nite (Don't Stop) - Janet Jackson



Intro: 16 Counts

Press, Recover, Press, Recover, Fwd Mambo, L Coaster,

1-2 Press R foot fwd, Recover stepping R back,
3-4 Press L foot fwd, Recover stepping L foot back,
5&6 Rock fwd on R foot, Recover on L, Step R foot back,

7&8 L Coaster Step,

Chase Turn, Diag Fwd Shuffle, Out, Bump, CCW Hip Roll,

Step fwd on R foot, Pivot ½ turn left stepping L foot fwd, Step fwd on R foot, Step diag fwd on L foot, Step R foot next to L, Step diag fwd on L foot, Step R foot to right side,(not fwd)(5), Rock on L foot, (or Bump L hip)(6),

7-8 Roll hips CCW, weight ends on L foot(8),

Side Body Roll 1/4 Turn, L Coaster, 1/4 Paddle Turns X 2, Walk, Walk,

1-2 Transfer weight to R foot as you Dip R shoulder down as L shoulder goes up(1), ¼ turn left, sitting on R hip as you square off shoulders, twist feet, leaning back on R foot, R knee

sitting on R nip as you square off shoulders, twist feet, leaning back on R foot, R knee

bent,(Side Body Roll),

3&4 L Coaster Step,

Hitch R foot & Twist ¼ turn left on ball of L foot(&), Touch R foot to R side(5), Hitch R foot & Twist ¼ turn left on ball of L foot(&), Touch R foot to R side(6),

7-8 Walk R, Walk L,

Step, 1/4 Turn, Cross, Side, Rock, Cross,

1&2 Step fwd on R foot, ¼ Turn left, stepping L foot to left side, Cross step R over L,

3&4 Rock L foot to left side, Step R in place, Cross step L over R,

Point, Replace, Point, Replace, ¼ Turn Point, Replace, Point, Replace,

Point R foot to R side, Replace R next to L,Point L foot to L side, Replace L foot next to R,

7& Twist ¼ turn left on L foot, as you Point R foot to R side, Replace R foot next to L,

8& Point L foot to left side, Replace L foot next to R,

Start again!

Website: www.linefusiondance.com