

New Train

拍数: 64 墙数: 4 级数: Intermediate
编舞者: William Sevone (UK) - January 2010
音乐: New Train - John Prine : (Album: Lost Dogs)



Choreographers note:- A Linedance QQS Rumba that is ideal for those new to the Intermediate level. The first 16 counts are similar to a Fwd-Fwd-Lock-Hold ..and can be used – though the original styling will disappear.
As the first 16 counts travels, an adaptation has been created by Candy Tan (S'pore) for smaller dance areas (see video).
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.
Dance starts on the (no backing/Acapella) vocals after the intro.

2x Fwd-Together-Behind-Hold (12:00)

1 – 4 Step forward onto left. Step right next to left – slightly forward. Step left behind right – to right side. Hold
5 – 8 Step forward onto right. Step left next to right – slightly forward. Step right behind left – to left side. Hold.

2x Fwd-Together-Behind-Hold (12:00)

9 – 12 Step forward onto left. Step right next to left – slightly forward. Step left behind right – to right side. Hold
13 – 16 Step forward onto right. Step left next to right – slightly forward. Step right behind left – to left side. Hold.

Adaptation Counts 1-16: Where dance space is restricted do the following option.

**Step forward left. Right together. Rock left back diagonal right. Hold
Recover weight to right. Left together. Rock right back diagonal left. Hold.
Repeat.**

Fwd. 1/4 Side. 1/4 Back Kick. Together. Fwd. Lock. Fwd. Hold (6:00)

17 – 20 Step forward onto left. Turn ¼ left & step right to right. Turn ¼ left & kick left backward. Step left next to right.
21 – 24 Step forward onto right. Lock left behind right. Step forward onto right. Hold

2x Fwd-Lock-Fwd-Hold (6:00)

25 – 28 Step forward onto left. Lock right behind left. Step forward onto left. Hold.
29 – 32 Step forward onto right. Lock left behind right. Step forward onto right. Hold

Fwd. 1/4 Side. 1/4 Back Kick. Together. Rock. Rock Back. Recover. Hold (12:00)

33 – 36 Step forward onto left. Turn ¼ left & step right to right. Turn ¼ left & kick left backward. Step left next to right.
37 – 40 Rock forward onto right. Rock backward onto left. Recover onto right. Hold

2x Jazz Box-Hold (12:00)

41 – 44 Cross left over right. Step backward onto right. Step left to left side. Hold.
45 – 48 Cross right over left. Step backward onto left. Step right to right side. Hold.

2x 1/4 Rock-Recover-1/4 Side-Hold (12:00)

49 – 52 Turn ¼ right & rock forward onto left. Recover onto right. Turn ¼ left & step left to left side. Hold
53 – 56 Turn ¼ left & rock forward onto right. Recover onto left. Turn ¼ right & step right to right side. Hold.

Rock. Recover. Back. Hold. Rock Back. Recover. 1/4 Fwd. Hold (3:00)

57 – 60 Rock forward onto left. Recover onto right. Step backward onto left. Hold.

61 – 64 Rock backward onto right. Recover onto left. Turn $\frac{1}{4}$ right & step forward onto right. Hold.

Dance Finish: Wall 7 count 12 (facing 6:00)

To finish facing 12:00 simply replace the 'Hold' (count 12) with 'Unwind $\frac{1}{2}$ turn left'.
