

Get Ready

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Cleevely (UK) - January 2010
音乐: Get Ready - The Temptations



Start on vocals (24 count intro)

Jazz Box; Weave

1 - 2 Cross right over left, step back on left
3 - 4 Step right to right side, cross left over right
5 - 6 Step right to right side, cross left behind right
7 - 8 Step right to right side, cross left over right

2 x ¼ Pivot Turns Left; Rocking Chair

9 - 10 Step forward on right, pivot ¼ turn left (9.00 o'clock)
11 - 12 Step forward on right, pivot ¼ turn left (6.00 o'clock)
13 - 14 Rock forward on right, recover weight on left
15 - 16 Rock back on right, recover weight on left

¼ Pivot Turn Left; Stomp, Stomp; Cross, Back; Kick, Kick

17 - 18 Step forward on right, pivot ¼ turn left (3.00 o'clock)
19 - 20 Stomp right foot, stomp left foot
21 - 22 Cross right over left, step back on left
23 - 24 Kick right forwards twice

Step, Touch, Back, Heel x 2;

25 - 26 Step forward on right, touch left toe behind right
27 - 28 Step back on left, present right heel forward
29 - 30 Step forward on right, touch left toe behind right
31 - 32 Step back on left, present right heel forward

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