Complicated Heart



拍数: 32 墙数: 4 级数: Improver / Intermediate

编舞者: Louise Elfvengren (NOR) - January 2010 音乐: Complicated Heart - Michael Learns to Rock



Start dancing 2 counts before lyrics.

Section 1

CROSS, STEP, CHASSE, CROSS STEP, CHASSE

1-2 Cross right over left, step down left behind right.

3&4 Step right to right side, left next to right, step right to right side.

5-6 Cross left over right, step down right behind left.

7&8 Step left to left side, right next to left, step left to left side.

Section 2

STEP TURN 1/4 LEFT, BEHIND SIDE CROSS, ROCK REC. SAILOR STEP

1-2 Step forward right, turn ¼ left stepping down on left.

3&4 Step right behind left, step left next to right, cross right in front of left.

5-6 Rock to left side, recover onto right.

7&8 Step left behind right, step down on right, step down on left.

Section 3

1/2 TURN LEFT, COASTER STEP, DIAG. LOCK STEPS FW R&L

1-2 Step forward right, turn ½ left with weight on right.

3&4 Step back on left, step right next to left, step forward on left.

Step right forward diag. to right, step left behind right, step forward on right.

Step left forward diag. to left, step right behind left, step forward on left.

Section 4

SKATE R&L, SHUFFLE FW, ROCK REC. COASTER STEP

1-2 Swivel right diag, to right side, swivel left diag. to left side3&4 Step right forward, step left beside right, step right forward.

5-6 Rock forward on left, recover onto right.

7&8 Step back on left, step right next to left, step forward on left.

TAG 8 counts: After finishing wall 3 & 6: Dance Section 4 one more time.

Then RESTART from section 1. (Tag on wall 6 makes it perfect, but it works without it.)