

Super Gal

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate Funky
编舞者: John Ng (SG) - December 2009
音乐: Super Girl (Korean Version) - SUPER JUNIOR-M : (Korean Version)



Intro: 48 counts on heavy beat (0.27min)

STEP, ¼ R, R SAILOR, CROSS, ¼ L, ½ L SHUFFLE

1-2 Step forward on right, ¼ turn right step left to left
3&4 Step right behind left, step left to left, step right to right
5-6 Cross left over right, ¼ turn left step back on right
7&8 ¼ turn left step left to left, step right beside left, ¼ turn left step forward on left

R KICK & L SIDE ROCK, L KICK & R SIDE ROCK, JAZZ BOX ¼ R

1&2& Kick right forward, step right beside left, rock left to left, recover onto right
3&4& Kick left forward, step left beside right, rock right to right, recover onto left
5-6 Cross right over left, step back on left
7-8 ¼ turn right step forward on right, step forward on left

R HIP BUMP, L HIP BUMP, OUT-OUT, IN-IN

1&2 Touch right toe forward diagonally right bumping hips Right. Left. Right. (weight on right)
3&4 Touch left toe forward diagonally left bumping hips Left. Right. Left (weight on left)
5-6 Step diagonally forward on right, step diagonally forward on left
7-8 Step back on right, step left beside right

SIDE TOE SWITCHES, HEEL SWITCHES, & HEEL BOUNCE ½ L

1&2& Touch right toe to right, step right beside left, touch left toe to left, step left beside right
3&4& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
5 Step forward on right
6-8 Bounce heels 3 times while making ½ turn left

CROSS & HEEL, & CROSS & HEEL, & CROSS, SIDE, BEHIND SIDE CROSS

1&2 Cross right over left, step left to left, touch right heel forward diagonally right
&3&4 Replace right beside left, cross left over right, step right to right, touch left heel forward diagonally

left

&5-6 Step left beside right, cross right over left, step left to left
7&8 Step right behind left, step left to left, cross right over left

L CHASSE, ¼ R CHASSE, L CROSS ROCK, & R CROSS SHUFFLE

1&2 Step left to left, close right beside left, step left to left
3&4 ¼ turn right step right to right, step left beside right, step right to right
5-6 Rock left over right, recover onto right
&7&8 Step left to left, cross right over left, step left to left, cross right over left

SIDE ROCK, BEHIND, ¼ R, STEP, STEP, HITCH, L COASTER

1-2 Rock left to left, recover onto right
3&4 Step left behind right, ¼ turn right step forward on right, step forward on left
5-6 Step forward on right, hitch left knee
7&8 Step back on left, step right beside left, step forward on left

ROCK FORWARD, ½ R, SIDE, TOUCH, SYNCOPATED OUT-OUT IN-IN OUT-OUT IN-IN

1&2 Rock forward on right, recover onto left, ½ turn right step forward on right

3-4 ¼ turn right step left to left, touch right beside left
&5&6 Step right to right, step left to left, step right beside left, step left beside right
&7&8 Step right to right, step left to left, step right beside left, step left beside right

REPEAT
