

拍数: 32 墙数: 4 级数: Intermediate / Advanced
 编舞者: Steve Lescarbeau (USA) - December 2009
 音乐: 3 - Britney Spears : (CD: Britney, The Singles Collection)



Intro – 32 beats after vocals begin.

(1 – 8) Jazz Box ¼ R, Prep, Full Triple Turn L, Hold

1, 2 Cross R over L, Step back on L
 3, 4 Step R ¼ to R (3:00), Step forward on L slightly turning foot out
 5 & 6 Turn ½ turn to L while stepping back on R (9:00), ½ turn L step L foot forward (3:00) Step R foot forward
 7, 8 Step L foot forward, Hold

(9 – 16) R Toe Back, ½ Pivot R, Step L Forward, ½ Pivot R, Hips Forward Down Up Back Forward Down Up

9, 10 Touch R toe back, Pivot ½ turn R taking weight on R (9:00)
 11, 12 Step L forward, Pivot ½ turn R on ball of L (3:00)(Keep weight on L, R foot should be slightly in front of L)
 13&14& Push hips forward, squat to sit position, back up, push hips back
 15 & 16 Push hips forward, squat to sit position, back up

(17 – 24) Step R Back, Step L ¼ L, Cross R Over L, ½ Unwind, Kick Ball Cross, Big Step to L, Touch R

17, 18 Step back on R, Step forward on L ¼ turn to L (12:00)
 19, 20 Cross R over L, Unwind ½ turn L taking weight on R (6:00)
 21 & 22 L kick ball cross
 23, 24 Step big step to L on L, Touch R to L

(25 – 32) Crossing Toes Struts to R x 2, ¼ R, Chase Turn R, Hold

25, 26 Step R toe to R, Drop R heel
 27, 28 Cross L toe over R, Drop L heel
 29 & 30 Step R ¼ R, Quickly step L forward, Pivot ½ turn R (3:00) (weight should be on R)
 31, 32 Step L forward, Hold

Begin Again!

TAG (4 counts done only 1 time)

Tag is after wall 11 You will be facing (9:00)

1, 2 & 3, 4 Step R forward on a diagonal, Bring knees in, out, in, Step L forward on a diagonal

steve@aplusvacations.com