

EZ Swing

拍数: 32 墙数: 4 级数: Beginner
编舞者: Winnie Yu (CAN) - December 2009
音乐: Any Swing or Jive Tempo



Section 1: Right Chasse, Back Rock, Recover, Left Chasse, Back Rock, Recover

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock back on left, recover onto right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock back on right, recover onto left

Section 2: ½ Turn left, Back Shuffle, Back Rock Recover, ½ Turn right, Back Shuffle, Back Rock, Recover

1&2 Make a ½ turn left stepping back on right, step left beside right, step back on right (6:00)
3-4 Rock back on left, recover onto right
5&6 Make a ½ turn right stepping back on left, step right beside left, step back on left (12:00)
7-8 Rock back on right, recover onto left

Section 3: 2 x Right Kick Ball Change, 2 x Pivot ½ turn left

1&2 Kick right foot forward, step ball of right beside left, step left foot in place
3&4 Kick right foot forward, step ball of right beside left, step left foot in place
5-6 Step forward on right, pivot ½ turn left (6:00)
7-8 Step forward on right, pivot ½ turn left (12:00)

***Easy Option: Replace count 5 -8 by right rocking chair**

Section 4: Right Jazz Box Toe Strut ¼ turn right

1-2 Cross touch right toe over left, drop right heel down
3-4 Make a ¼ right turn placing left toe back, drop left heel down (3:00)
5-6 Place right toe to right, drop right heel down
7-8 Place left toe forward, drop left heel down

Email: linedance_queen@hotmail.com

Website: www.dancepooh.com