

Swing Honey Swing

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Improver
编舞者: Gerald Biggs (USA) - December 2009
音乐: Blueboy - John Fogerty : (CD: Blue Moon Swamp)



(Start on Lyrics)

SCUFF, HEEL HOOK, TOE TOUCH, CHASSE SIDE RT, HEEL STOMPS

1-2 Scuff RT foot forward, Hook RT heel back and across LT leg
3-4 Kick RT foot forward, Touch RT toe next to LT foot
5&6 Step RT to side, Step LT next to RT, Step RT to side
7-8 Stomp LT heel on floor two times (keep weight RT)

(For added styling on count 7-8 three syncopated stomps may be used making it 7&8)

LT SIDE STEP, TOUCH, TRIPLE STEP FORWARD, STEP FORWARD, RT TOE TOUCH, TRIPLE STEP ½ TURN RT

1-2 Step LT to side, Touch RT toe next to LT foot
3&4 Triple step forward, R,L,R
5-6 Step LT forward, Touch RT toe behind LT heel
7&8 Turning Triple step ½ turn RT, R,L,R (6:00)

STEP, PIVOT TURN, TRIPLE STEP, FORWARD ROCK, RECOVER, COASTER STEP

1-2 Step forward LT, Pivot turn ¼ turn RT (weight RT) (9:00)
3&4 Triple step forward, L,R,L
5-6 Rock forward on RT, Recover back onto LT
7&8 Step RT back, Step LT next to RT, Step RT forward

CROSS SHUFFLE, STEP TOGETHER, CROSS SHUFFLE, STEP,TURN

1&2 Crossover side shuffle (LT over RT) L,R,L
3-4 Step RT to side, Step LT next to RT
5&6 Crossover side shuffle (RT over LT) R,L,R
7-8 Step forward LT, Turn ½ turn RT (weight RT) (3:00)

TRIPLE STEP FORWARD, FORWARD ROCK, RECOVER, TRIPLE STEP BACK, BACK ROCK, RECOVER

1&2 Triple step forward, L,R,L
3-4 Rock forward onto RT, Recover back onto LT
5&6 Triple step backwards, R,L,R
7-8 Rock back onto LT, Recover forward onto RT

LT ROLLING VINE, RT ROLLING VINE

1-2 Step LT to side ¼ turn LT(12:00), Step RT to side ¼ turn LT (9:00)
3-4 Step LT to side ½ turn LT (3:00), Touch RT toe next to LT
5-6 Step RT to side ¼ turn RT (6:00), Step RT to side ¼ turn RT (9:00)
7-8 Step RT to side ½ turn RT (3:00), Step LT next to RT

HOP FORWARD, CLAP, HOP FORWARD, CLAP, STEP TURN, STEP TURN

1-2 Hop forward, Clap
3-4 Hop forward, Clap
5-6 Step forward RT, Pivot turn ¼ turn LT (keep weight LT) (12:00)
7-8 Step forward RT, Pivot turn ¼ turn LT (keep weight LT) (9:00)

(For added styling on count 5-8 do hip thrust during pivots)

Start again

