

WILDKATZ!!! (What Time Is It?)

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 0 级数: Beginner Circle
编舞者: Julie Murray (UK) - December 2009
音乐: What Time Is It - Zac Efron, Vanessa Hudgens, Lucas Grabeel, Corbin Bleu,
Ashley Tisdale & Monique Coleman : (CD: High School Musical 2 Soundtrack)



A 32 count circle dance for beginners....especially suitable for children....

Or you can dance it to: 10/10 by PAOLO NUTINI....
if you dancers are a little too old for High School Musical!

THIS IS A SINGLE FILE DANCE – NO PARTNER NEEDED!

Start in a big circle standing one behind the other (as if queuing for school dinners!) getting ready to walk forward around the dancefloor in an anti clockwise direction.

SECTION ONE: WALK 2 3 KICK – WALK 2 3 KICK,

1,2,3,4 Walk forwards right, left, right, kick the left forward (hop and clap!)
5,6,7,8 Walk forwards left, right, left, kick the right forward (hop and clap!)

SECTION TWO: WALK BACK 2 3 KICK – BACK 2 3 KICK

1,2,3,4 Walk backwards right, left, right, kick the left forward (with hop and clap!)
5,6,7,8 Walk backwards left, right, left, kick the right forward (with hop and clap!)

Note: The first two sections can also be done with your right hand on the persons in front right shoulder, just omit the clap and dance it 'conga style' instead!

SECTION THREE: SIDE CLOSE SIDE JUMP – or full turn clap and jump X 2

1,2,3,4 Step right to right side, close left next to right, step right to right side, clap your hands and jump (or touch with left and clap)
5,6,7,8 Step left to left side, close right next to left, step left to left side, clap your hands and jump (or touch with right and clap)

Note: you can do rolling vines with a jump and clap if you feel energetic!

SECTION FOUR: STOMP, SLAP, STOMP, SLAP, BUMP 2, 3, 4!

1,2,3,4 Stomp right to right side, slap right hand onto right 'cheek' (or hip) stomp left to left side, slap left hand onto left 'cheek' (or hip)
5,6,7,8 Bump hips right, left, right, left

(ALT – MAKE HALF A TURN LEFT WHILST BUMPING AND GRINDING TO FACE OPPOSITE DIRECTION!) WHILST lassoing above head!

Have fun!