

Real Late Starter

拍数: 0 墙数: 4 级数: Phrased Intermediate
编舞者: Alan Birchall (UK) - December 2009
音乐: Real Late Starter - Nerina Pallot : (CD: The Graduate or CD Single)



Steps/Count: Part A: 16 Part B: 36 Tag: 8

Sequence: A, B: 16 Counts, A, B, Tag, A, A, B, A, B: 24 Counts, B: 34 Counts, B, A, B

Start: After Intro Vocals When Main Beat Kicks In Seconds: 12 Count: 16 BPM: 92

PART A

FRONT, SIDE, BEHIND, SIDE, HEEL, TOGETHER, CROSS, ½ TURN, SIDE SHUFFLE

- 1-2 Cross Right Over Left, Step Left To Left
3&4 Cross Right Behind Left, Step Left To Left, Extend Right Heel
&5-6 Right By Left, Cross Left Over Right, Make ¼ Turn Left Stepping Right To Right
7&8 Make ¼ Turn Left Stepping Left To Left, Step Right By Left, Step Left To Left 6'o'clock

CROSS ROCK, RECOVER, TRIPLE TURN, ½ TURN ROCK, RECOVER, CROSS SHUFFLE

- 9-10 Cross Rock Right Over Left, Recover On Left
11&12 Full Triple Turn Right Stepping Right, Left, Right
13-14 Making ½ Turn Right Rock Left To Left, Recover On Right 12 'o' Clock
15&16 Cross Left Over Right, Step Right, To Right, Cross Left Over Right

PART B

HEEL, STEP, CROSS, SIDE, HEEL, TOGETHER, CROSS, SIDE, TOGETHER, SIDE, TOGETHER, CROSS

- 1&2 Touch Right Heel To Right, Step Right By Left, Cross Left Over Right
&3&4 Step Right To Right, Extend Left Heel, Step Left By Right, Cross Right Over Left
5-6 Step Left To Left, Right By Left
7&8 Step Left To Left, Right By Left, Cross Left Over Right

CROSS, BACK, SYNCOPATED VINE, CROSS ROCK, RECOVER, FULL TRIPLE TURN

- 9-10 Cross Right Over Left, Step Back On Left
&11&12 Step Right To Right, Cross Left Over Right, Step Right To Right, Left Behind Right
&13-14 Step Right To Right, Cross Rock Left Over Right, Recover On Right
15&16 Full Triple Turn Left Stepping Left, Right, Left

Note: Restart Here From Part A On The First Wall – Facing 12'o' Clock

ROCK ½ TURN, RECOVER, CROSS SHUFFLE, STEPS BACK, SAILOR STEP

- 17-18 Making ½ turn Left Rock Right To Right, Recover On Left 6 'o' Clock
19&20 Cross Right Over Left, Step Left To Left, Cross Right Over Left
21-22 Bumping Hip Left Step Diagonally Back Left, Bumping Hips Right Step Diagonally Back Right
23&24 Cross Left Behind Right, Step Right To Right, Step Left By Right

Note: Restart Here From Part B On The Fifth Wall - Facing 3'o' Clock

NOTE: MUSIC SLOWS - SWEEP, ¾ UNWIND, ROCK, RECOVER, ½ TURN, HOLD, ½ TURN, HOLD

- 25-26 Sweep Right Behind Left, Unwind ¾ Turn Left 3 'o' Clock
27-28 Rock Forward On Left, Recover On Right
29-30 Making ½ Turn Left Step Forward On Left, Hold 9 'o' Clock
31-32 Making ½ Turn Left, Step Back On Right, Hold 3 'o' Clock

**NOTE: On the Sixth Wall Music Does Not Slow Down – Remove The Hold On The Turn
Make Counts 31&32 The Coaster Step. Then Restart From Part B Facing 6'o Clock**

COASTER STEP, WALK, WALK

- 33&34 Step Back On Left, Right By Left, Step Forward On Left

35-36 Walk Forward On Right, Walk Forward On Left

TAG

WALKING $\frac{3}{4}$ TURN LEFT, CROSS, BACK, SIDE, TOGETHER

1-4 Making A $\frac{3}{4}$ Turn Left Walk Right, Left, Right, Left 6 'o' Clock

5-6 Cross Right Over Left, Step Back On Left

7-8 Step Right To Right, Step Left By Right
