

# Soluna

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Sophitia Christiansen (DK) - December 2009  
音乐: Soluna - Los Pingüos : (CD: California, 2008)



## Intro: 32 counts

### S1: Behind Side Cross, ¼, Heel, Step, Flick, Forward, ¼, Back, Back, ½, ¼ Sweep

1&2&3,4      Cross right behind left left, left to left, cross right over left, step left back to ¼ right, touch right heel diagonally forward, step right in place as you flick left back  
5&6      Step forward on left, step right back to ¼ left, step left back  
7&8      Step right back, step left ½ turn left, sweep right from back to across of left

### S2: Twinkle Step, Full Paddle Turn L, Twinkle Step

1&2      Cross right over left, step left to left, step right to right  
3&4&      Step left forward to ¼ left, step right beside left, step left forward to ¼ left, step right beside left,  
5&6      Step left forward to ¼ left, step right beside left, step left forward to ¼ left  
7&8      Cross right over left, step left to left, step right to right

### S3: (¼ Forward Basic, ¼ Back Basic) x 2

1&2      Step forward on left, step right beside left with ¼ turn left, step left in place  
3&4      Step back on right, step left beside right with ¼ turn left, step right in place  
5&6      Step forward on left, step right beside left with ¼ left turn, step left in place  
7&8      Step back on right, step left beside right with ¼ turn left, step right in place

### S4: Cross Shuffle, Kick Ball Cross, ½ Turn Cross Shuffle, Kick Ball Cross

1&2      Cross left over right, step right to right, cross left over right  
3&4      Kick right diagonally forward, step right beside left, cross left over right  
5&6      Cross right over left making ½ turn right, step left to left, cross right over left  
7&8      Kick left diagonally forward, step left beside right, cross right over left

### S5: Samba Whisks, ¼, ½, Coaster Step

1&2,3&4      Step left to left, rock ball of right behind left, replace weight onto left, step right to right, rock ball of left behind right, replace weight onto right  
5,6,7&8      Step left forward to ¼ left, step right back to ½ turn left, step back on left, step right beside left, step left forward

### S6: Fwd Rock, Recover, Together, Back Rock, Recover, Fwd Lock Steps

1,2&3,4      Rock forward on right, recover onto left, step right beside left, rock back on left, recover onto right  
5&6&7&8      Step forward on left, lock right behind left, step left forward, lock right behind left, step forward on left, lock right behind left, step forward on left

### S7: ¼ Jazz Box, Kick Ball Point, Close, Body Roll Up, Hitch

1,2&3,4      Cross right over left, step back on left, step right to ¼ right, cross left over right, step right beside left  
5&6&      Kick left forward, step left beside right, point right to right, step right beside left  
7,8      Roll body from knees up to top (end with right hitch) -----Restart here on Walls (1) & (3)

### S8: Side Rock Cross, Side Rock Cross, Fwd Rock, Recover, ½, Fwd, ½, Back

1&2      Side rock on right, recover onto left, cross right over left

3&4 Side rock on left, recover onto right, cross left over right  
5&6 Rock forward on right, recover onto left, step right forward to ½ turn right  
7&8 Step forward on left, step right back to ½ turn left, step back on left

**\*Restart dance after S7 on Walls 1 and 3, when the background singers sing "Hey!"**

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